



How to access MyStudentBody:


As a new student at Salve Regina University, you are required to take MyStudentBody. Follow these instructions to get started:

1. Go to www.mystudentbody.com and click **SIGN IN OR REGISTER** in upper right hand corner. On the next page, click **REGISTER OR REQUEST GUEST PASS**. Under Registration, click **Create an Account**. The next page will ask you for the School Registration Code which is **seahawks**. Enter your Salve Regina email address, create a password. Click continue. Register your User Demographics.



2. From the **Salve Regina University Student Home Page** you will see **MyStudentBodyCourses** on the left hand side of the page. **You will be taking the Essentials Course.** Click **Start Now**.
3. You will see the Essentials Modules listed. **You must complete all 3 modules.**
4. Complete all module material. There are 3 modules in the Essentials Course – Alcohol, Drugs and Sexual Violence.

NOTE: The course consists of multiple modules (Alcohol/Drugs/Sexual Violence). Repeat steps 3-5 for each module required for the course. You must complete the course by **September 9, 2020** with a passing score of 80. You will have 25 attempts to complete the course. Each module takes about 30 minutes to complete and you don't have to complete all of the modules at one time.



5. Complete the course survey.

You will receive a Certificate of Complete in which you can keep for your records. You can return to Student Home page after receiving your certificate where you'll be free to explore other areas of the website such as the Student Center the Advice area.

PART II: Follow-Up Assessment

All courses include a follow-up assessment that helps you see how you have changed since you took the course. You will receive an email **30 days** after you complete the course asking you to log in to *MyStudentBody* and complete the **10-minute assessment**. Please fill out the assessment as soon as possible. The information learned from this assessment will help improve alcohol and drug educational programs at Salve Regina University. Your responses will be completely confidential.

IMPORTANT: Please add techsupport@mystudentbody.com to your list of approved senders to make sure the follow-up email reaches you.

For Technical Support and Questions:

Click **Site Help** at the bottom of every screen on MyStudentBody to get answers to common questions. If you have a question about course deadlines or other campus-specific issues, please Jennifer Jensen, Associate Dean of Students, jensenj@salve.edu, 401-341-2209.