



How to access MyStudentBody:

You have been required to take MyStudentBody as part of the FYT100 course. Follow these instructions to get started:

1. Go to www.mystudentbody.com and click **REGISTER HERE** to create your secure account. Enter your Salve Regina email address, create a password, and enter **seahawks** as the school code. Follow the on-screen prompts to enter required security and demographic information. Click continue.

A screenshot of the MyStudentBody login page. The page has a light yellow background. At the top left, the word "Login" is displayed. Below it are two input fields: "Username or Email address" and "Password". To the right of the password field is a "Forgot password?" link. Below these fields is a prominent orange "Log in" button. At the bottom of the login section, there is a "No login?" section with a "Do you have a school code?" link and a "Register Here" link. A white arrow points from the left margin to the "Register Here" link.

2. From the **My Stuff** page, select the **Essentials Course** by clicking **Take Now** under *Status*.
3. Complete the questionnaire and pre-quiz for the selected module.
4. Complete all module material. There are 3 modules in the Essentials Course – Alcohol, Drugs, and Sexual Violence.
5. Complete the post-test.

NOTE: The course consists of multiple modules (Alcohol/Drugs/Sexual Violence). Repeat steps 3-5 for each module required for the course. You must complete the course by **September 8, 2017** with a passing score of 80. You will have 25 attempts to complete the course. Each module takes about 30 minutes to complete and you don't have to complete all of the modules at one time.

6. Complete the course survey.

You will receive a Certificate of Complete in which you can keep for your records. You'll return to the My Stuff page after receiving your certificate where you'll be free to explore other areas of the website such as the library in the Student Center or ask questions in the Advice area.

PART II: Follow-Up Assessment

All courses include a follow-up assessment that helps you see how you have changed since you took the course. You will receive an email **30 days** after you complete the course asking you to log in to *MyStudentBody* and complete the **10-minute assessment**. Please fill out the assessment as soon as possible. The information learned from this assessment will help improve alcohol and drug educational programs at Salve Regina University. Your responses will be completely confidential.

IMPORTANT: Please add techsupport@mystudentbody.com to your list of approved senders to make sure the follow-up email reaches you.

For Technical Support and Questions:

Click **Site Help** at the bottom of every screen on MyStudentBody to get answers to common questions. If you have a question about course deadlines or other campus-specific issues, please Jennifer Jensen, Associate Dean of Students, jensenj@salve.edu, 401-341-2209.