CONGRATULATIONS TO THE FOLLOWING SALVE REGINA 2014 GRADUATES!

**Employees:**
- **Aisa Burke** (IT)  
  B.A. Liberal Studies
- **Breanne Hickey** (IT)  
  B.S. Business Marketing
- **Paul Larson** (Safety/Security)  
  M.S. Management
- **Lisa Underhill** (Library Services)  
  M.B.A.

**Children of Salve Regina Employees:**
- **Samuel Insana**  
  (son of James Insana)  
  B.A. Liberal Studies, Social Work Human Service Concentration
- **Hannah McDonnell**  
  (daughter of Brian McDonnell)  
  B.S. Business Administration
- **Brittany Paiva**  
  (daughter of Ralph Paiva)  
  B.A. Business Marketing, Business Administration Minor
- **Brian Somba**  
  (son of Bernard Munge)  
  B.A. Chemistry, Biology Minor

---

**New Employee**

**Glenda Duclos**  
Payroll Manager, Business Office

**PLEASE WELCOME**

**OUR NEW EMPLOYEE**
Salve Regina’s open enrollment period for health care benefits – including dental, vision, AFLAC supplemental insurance, dependent day care accounts and medical flexible spending accounts – is underway.

**The enrollment deadline for dependent day care and medical flexible spending accounts is Friday, May 30. The enrollment deadline for health care, dental, vision and AFLAC supplemental insurance is Tuesday, June 10.**

Employees can make changes to the following benefits during the open enrollment period:

**Health Care**

Employees can change from one plan to the other, add or delete family members, join a plan they had previously waived or drop coverage. Payroll contributions, effective July 3, will be $37 for individual, $110 for individual plus one or $143 for family for Choice and $52 for individual, $143 for individual plus one and $178 for family for Choice Plus.

The University will continue to reward those employees enrolled in United Healthcare who do not use tobacco products. **In order to receive the discount, employees must submit a tobacco free affidavit by Tuesday, June 10. This is an annual certification.**

**Dental**

Employees can add or delete family members, sign up or drop coverage. Payroll contributions for the 2014-2015 plan year will remain the same: $4 for individual or $12 for family.

**Vision**

Vision Service Plan provides in-network vision benefits such as frame and contact lens allowances. Payroll contributions for the 2014-2015 plan year will remain the same: $2.61 for individual, $3.79 for individual plus one or $6.79 for family.

**Dependent Day Care Account**

Employees may set aside up to $5,000 on a pre-tax basis to pay for eligible dependent care expenses. New and current participants must complete paperwork by May 30.

**Medical Flexible Spending Account**

Employees may set aside from $260 to $2,500 on a pre-tax basis to pay for health-related expenses not covered by their health care plan, including prescription deductibles and co-pays, eyeglasses, orthodontics and dentures. Due to U.S. Treasury and IRS changes, employees may now carry over $100 in unused funds at the end of each plan year. Employees who have a FSA payment card and will be re-enrolling in the plan should keep their current card for continued use.

**AFLAC Supplemental Benefits**

Employees may purchase or cancel a cancer plan, critical care and recovery plan, personal accident plan and/or a hospital protection plan through payroll deduction on a pre-tax basis.

All changes require some paperwork. For more information, call Claudia Cavallaro, Associate Director for Human Resources.
Community Picnic

Sister Jane Gerety
invites you and your family to the

SALVE REGINA COMMUNITY PICNIC
Wednesday, June 25
12:30 - 3:30 p.m.
McAuley & O’Hare Lawns

This year’s activities include:
- Second Annual Salve Chili Contest (To enter, contact Jackie Jaquette at jaclyn.jaquette@salve.edu or ext. 2137.)
- Exciting new addition to the venue this year - musical performance/entertainment, courtesy of our talented employees: Nicole Baldassari, Peter Davis, Brian McDonnell and Francine Monfette
- Bingo for all
- Lots of fun for the kids: face painting, bounce house, ponies, games and more!

Be on the look out for your official invitation in the coming week.

Veggie Box

Veggie Box is a subscription to fresh, local produce from Rhode Island and Massachusetts farms. Each box contains 7-9 different types of seasonal produce. Along with each box, participants receive an e-mail newsletter packed with recipes and information.

Boxes are available from January through December. The current bi-weekly delivery to Salve began on Tuesday, May 20; deliveries will continue every other Tuesday hereafter, pending sufficient interest. Boxes cost $25 per week, and payment is made in full for one month at a time. Farm Fresh accepts credit cards, checks, or EBT/SNAP cards for Veggie Box payment. You can sign up at http://farmfreshri.deliverybizpro.com/home.php.
Rhode Island Higher Education Training Consortium

Salve Regina University is a member of the Rhode Island Higher Education Training Consortium (the ‘Consortium’). The Consortium is “dedicated to providing the higher education workforce with the training they need to succeed, while affording opportunities to network with colleagues from other area institutions. The Consortium offers comprehensive programs designed to address mutual needs within the member institutions while providing economies of scale and cost-sharing opportunities.” Other Rhode Island member schools include Brown University, Bryant University, the Community College of Rhode Island, Johnson and Wales University, Providence College, Rhode Island College, Rhode Island School of Design and Roger Williams University.

RIHETC SUMMER INSTITUTE AT BROWN UNIVERSITY PRESENTS:
(Check out specifics at: https://sites.google.com/site/rihetcmembers.)

- **JUNE 16** (Monday)
  - 8:30 a.m. - 12 p.m.
    - An Introduction to Emotional Intelligence OR
    - MBTI-Determine Your Best Fit Type
  - 1 - 4 p.m.
    - Ladder of Inference OR
    - MBTI-Determine Your Best Fit Type

- **JUNE 19** (Thursday)
  - 8:30 a.m. - 12 p.m.
    - MBTI-Using Type To Be A More Effective Communicator OR
    - Ladder of Inference
  - 1 - 4 p.m.
    - MBTI-Using Type To Be A More Effective Communicator OR
    - An Introduction to Emotional Intelligence

Human Resources encourages professional and personal development of our faculty and staff. Several Salve staff members have had the opportunity to participate in training programs provided through the RIHETC in the recent past. If you are also interested, please contact your supervisor who will work with Human Resources regarding placement and funding.

(Submitted by Cindy Donnelly, Employee Relations and Wellness Manager, Human Resources)

---

**Weight Watchers**

**INTERESTED IN JOINING?**

Salve Regina would like to sponsor its *fifth consecutive* 12-week session of Weight Watchers At Work on Tuesdays from 12-12:45 p.m. during the summer months. We need a few more participants in order to run the on-site program.

If you are interested in joining this beneficial weight loss program and/or if you have questions or need additional information, please contact Cindy Donnelly at ext. 3160 or at cynthia.donnelly@salve.edu.
Cardio Challenge

Salve Regina partnered with United Healthcare (UHC) to roll out the Cardio Challenge, a new 4-week aerobic activity program, to faculty and staff. The Challenge encouraged participants to improve their health by participating in aerobic exercises 30 minutes or more on most days of the week from April 10-May 7. A total of 45 employees participated in the program, forming a total of eleven teams, to compete in logging the greatest number of minutes of aerobic activity during the program. Aerobic activities included power walking, jogging, running, dancing, bicycling, swimming, rowing, stair climbing, Zumba and the like. Collectively, participants clocked over 678 hours of aerobic activity during the 4-week period.

On May 12, a celebration luncheon was graciously provided by UHC to recognize and reward everyone who participated in the Challenge.

At the luncheon, the top three teams were announced and awarded prizes (see below), and all attendees were given a chance to win one of six raffle prizes donated by UHC. Congratulations to Barbara Bessette, Claudia Cordon, Jamie McGuire, Kenechukwu Okwuosa, Carol Scanlon and Olga Verbeek who each won a raffle prize.

CONGRATULATIONS TO THE TOP THREE TEAMS:

**First Place**
WARWICK WARRIORS
Claudia Cordon, Joanna Senay, Carol Scanlon, Kerrie Ascoli and Michael Johnston (not shown)

**Second Place**
ACTIVE ADMISSIONS
Mary Beth Luzitano, Kathryn Wright, Stephanie Dupuis and Rowena Pupo

**Third Place**
GUNPOWDER PLOT
Matt Boxler, Lindsey Turowski, Kate Borgueta, and Jamie McGuire
Summer Blood Drive

Blood Drive!

Salve Regina University
Wednesday, June 18, 2014
1:00 PM - 4:00 PM
Bloodmobile
100 Ochre Court Avenue, Newport

Don’t forget to bring your driver’s license or another form of identification when you donate.

Visit www.ribc.org to make an appointment, Sponsor Code 0199.

The Rhode Island Blood Center distributes blood products to hospitals in Rhode Island and Southern New England.
GreenSalve

Josie Rock and Kate Daley in Design Services continue to run our battery recycling initiative just outside their office on the garden level of McKillop Library. We do ask that you pay special attention to the recycling details posted above the bins. Of special note:

- Please do not put corroded or leaking batteries in the recycling bin.
- We can only recycle HP, Canon and Lexmark inkjet cartridges and Brother, Canon, Dell, HP, IBM and Lexmark laser toner cartridges. If your cartridge is leaking, please put it in a plastic bag before placing in the bin.

- Contact craig.condella@salve.edu if you’re interested in participating in the 2013-14 Green Miles Challenge. We will really plan on ramping up our efforts at the start of next semester.

(Submitted by Craig Condella, Associate Professor, Philosophy)

---

Zumba

ZUMBA
For Faculty and Staff
Instructor: Mary Beth Luzitano
MAY 21-JULY 30 (Wednesdays)
4:45-5:45 p.m.
Antone Center Room 126 - Dance Studio

Heard about Zumba, but haven’t tried it yet? Or maybe you have already worked Zumba into your routine, but want a class closer to home, cheaper, and earlier in the evening? Join Mary Beth Luzitano ’06, MBA’12, Assistant Director of Admissions, Wednesday afternoons from 4:45-5:45 in the SRU Dance Studio for a whole lot of fun. She will make you smile, laugh, sing, dance, and most importantly SWEAT...and that’s a promise! Classes began Wednesday, May 21 and will run through July 30.

- Join the party either with a $5 drop in fee or 5 pass card for $20
- Checks can be made out to Mary Luzitano
- Waivers must be signed prior to your first class

(For more information, reach out to Mary Beth Luzitano at mary.luzitano@salve.edu or ext. 2333.)
The SALVEfund

Our campus community of faculty and staff are consistently generous to many areas of need – scholarships, special funds, academics and athletics.

Your annual gift is a powerful opportunity to help provide immediate support and address the University’s greatest and most fundamental needs. Gifts from faculty and staff send a compelling message to our alumni, parents and friends that we believe the University is a worthy investment.

Together, with your help, we can achieve the greatest participation possible by our campus community. Make your gift today:

- By Payroll Deduction: Contact Danielle Casey at danielle.casey@salve.edu or 401-341-2446
- By Phone: 877-SRU-GIFT
- By Web: www.salve.edu/SRUgift

Thank you to everyone who has already joined me in making a gift!

(Submitted by Danielle Casey, Annual Giving Officer, Operations, Office of Advancement)

Coastline EAP

COASTLINE EAP
offers free
Confidential Assistance

Employees and their family members can call Coastline EAP for confidential assistance – for any type of personal concern - such as: Grief; Stress; Anger; Anxiety; Addictions; Depression; Legal Matters; Family Matters; Financial Worries; Relationship Conflicts, Childcare, Eldercare, etc.—at no cost. Your call is confidential; information will not be provided to your supervisor unless you request it and sign a release. Coastline EAP counselors will find resources to help you and will follow up until your problem has been resolved.

Call 24 hours/day, 7 days/week as often as you wish: 401-732-9444 ~ 800-445-1195 ~ 800-833-0453. We also have interpretation services available. Don’t forget to check out our website: www.coastlineeap.com.

(Coastline EAP May 2014 News)
### Important Dates

- **May 21 - July 30** *(Wednesdays from 4:45-5:45 p.m.)*: **Zumba** for Faculty and Staff - Antone Center Room 126 - Dance Studio
- **May 30** *(Friday)*: **Enrollment deadline for Dependent Day Care and Medical Flexible Spending Accounts**
- **June 10** *(Tuesday)*: **Deadline for Benefit Open Enrollment** (health, dental, vision, AFLAC supplemental plans) for 2014-15 plan year
- **June 13** *(Friday by 4 p.m.)*: **Deadline for Faculty Voluntary Retirement Opportunity**
- **June 13** *(Friday at 6:35 p.m.)*: **Salve Regina Night at the Newport Gulls** - Cardine’s Field; Opening ceremony at 6:15 p.m. (Check Salve website for details.)
- **June 18** *(Wednesday from 1-4 p.m.)*: **Salve’s First Summer Blood Drive** - Bloodmobile will be located in the Rodgers Recreation Center parking lot
- **June 25** *(Wednesday from 12:30-3:30 p.m.)*: **Community Picnic** - O’Hare and McAuley Lawns
- **July 4** *(Friday)*: **Independence Day - Staff Holiday**

### You Know?

- Dan Samson, our Retirement Consultant with TIAA-CREF, will be on campus June 5, Aug. 5, Oct. 9 and Dec. 3. To schedule an individual appointment with Dan, please call TIAA’s scheduling center at 800-732-8353.

- **Salve Regina’s First Summer Blood Drive** will take place on **Wednesday, June 18 from 1-4 p.m.** The Bloodmobile will be located in the Rodgers Recreation Center parking lot. Please consider donating as June, July and August are the most challenging months for the Blood Center to collect blood. Visit [www.ribc.org](http://www.ribc.org) to make an appointment, Sponsor Code 0199. Don’t forget to bring a form of identification with you when you donate.

- Check out the extensive list of **Salve Regina Employee Benefits and Discounts**, which can be found on the HR Portal under Employee Benefits & Discounts at [https://portal.salve.edu/mysalveinfo/officeservices/humanresources/Pages/Employee-Benefits-and-Discounts.aspx](https://portal.salve.edu/mysalveinfo/officeservices/humanresources/Pages/Employee-Benefits-and-Discounts.aspx). Salve Regina University recently partnered with Zipcar to bring self-service, on-demand car sharing to the area. To use Zipcars, simply register as a member, reserve a car online or by mobile app, use your Zipcard to enter the car, and drive away. When you’re done, return the car to the same location where you picked it up. Learn more and get started at [http://www.zipcar.com/salve](http://www.zipcar.com/salve).

- **CPT Devin Henry** *(son of Rowena Pupo)* has recently been selected for **promotion to Major** in the United States Army and will be attending the Command General Staff College. CPT Devin Henry is a graduate of Rogers High School, University of Rhode Island and recently graduated with honors from Ashford University Forbes School of Business with a Masters of Arts Degree in Organization Management.

- Be a Smarter Consumer! It’s 148 pages thick, it’s free, and it’s available in English or Spanish—it’s the **2014 USA Consumer Information Handbook** published by the federal government. It’s packed with extensive help, tips, and resources for consumers. Read about your rights if you are stuck in a plane on a tarmac too long. Read the Consumer Bill of Rights for Cruise Lines. See an example of the perfect consumer complaint letter. Find a ton of practical tools and tips on everything from auto insurance to wills. Download: [http://www.usa.gov/](http://www.usa.gov/) (search “consumer action handbook.”) *May 2014 EAP News, Coastline EAP*