

Louise J. Sullivan, PhD, RN, ANP-BC

Email: louise.sullivan@salve.edu

EDUCATION

Doctor of Philosophy – Nursing

University of Massachusetts Dartmouth, Dartmouth, MA

01/2015

Dissertation: *Thriving: Explicating the Concept for Elder Residents in Long Term Care*

Chair: Dr. Marilyn Asselin

Committee: Dr. Nancy Dluhy, Dr. Barbara Weatherford

Master of Science - Nursing

Adult Health Nurse Practitioner Track

University of Massachusetts Dartmouth, Dartmouth, MA

05/2006

Bachelor of Science - Nursing (Magna cum Laude)

University of Massachusetts Dartmouth

05/2003

Associate Degree in Science - Nursing - (cum Laude)

Bristol Community College, Fall River, MA

06/1994

Licensed Practical Nurse

Bristol Plymouth Regional Technical School, Taunton, MA

06/1991

TEACHING HISTORY

Salve Regina University

Newport, RI 02840

09/01/15-present

Undergraduate Program

Nur 150 Introduction to Professional Nursing

Fall 2016 – present

In this first nursing course for freshman students, we talk about what it means to be a nurse and explore nursing's history, nursing theorists, ethical and legal issues, professional Standards of Practice, the importance of good communication, and maintaining professional comportment.

Projects: Presentation and scholarly paper on one of the Critical Concerns of Mercy

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Undergraduate program Salve Regina (cont'd)

NUR 240 Pharmacotherapeutics - Fall 2015 to present

In this course, nursing students are introduced to the principles of drug action; pharmacokinetics and pharmacodynamics. We study prototypes of major drug classifications, routes of administration, standards of care and nursing responsibilities, and assessment and monitoring for adverse effects.

Projects: *The Brown Bag Project:* students interview a client in the community about their use of medication. The students review these medications and identify any unsafe medication practices. Students complete a drug chart, write a narrative of the process, and prepare a plan for the client with approval of faculty.

NUR 250 Normal and Therapeutic Nutrition - Spring 2016 to present

In this course, students are introduced to nutrition as a science. We talk about nutritional requirements of individuals across the lifespan, energy balance, imbalanced nutrition, food safety, food insecurity, and diets for special medical conditions.

Projects: Students explore a diet and educate the class. They submit their slides and develop a creative pamphlet with the highlights of the diet with a daily menu, advantages and disadvantages, and specific foods allowed on the diet.

NUR 332 Holistic Health Assessment and Health Promotion - Spring 2016 to present

This is the first clinical skills course for nursing students where they learn how to perform a physical head to toe assessment and how to properly assess patients using the nursing process. Principles of growth and development, genetic factors, psycho-social health, and appropriate health and wellness promotion are some of the topics we cover.

Projects: Group presentations on a particular disease process or health risk with recommendations on how to keep patients well or maintain the current level of function. Final exam is oral – students must verbalize knowledge of subjective and objective data collection methods in assessing the health status of a hypothetical patient. Rationale for actions is required.

NUR 451 Nursing Capstone - Fall 2018 to present

This course is taken in the students' senior year. They are assigned to work with an experienced practicing nurse in a clinical setting and maintain regular contact with their instructor for ongoing support. The course includes weekly writings and reflective journaling, and "journal club" meetings in which students present evidence-based studies on a clinical or professional issue seen in their practice setting.

Projects: Reflective journal entries, Quality and Safety Education for Nurses (QSEN) competency discussion, journal club discussions, and a final paper on a selected practice-based issue.

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Graduate Program:

NUR 535 Pharmacology for Advanced Practice Nurses - Fall 2016 & 2017

This course included the review of pharmacologic principles and prescribing duties of the Advanced Practice nurse for the management of various health problems.

Projects: Drug formularies highlighting selected drug classes, weekly discussion

NUR 538-02 Health Promotion for Advanced Practice Nurses - Summer 2016 to 2018

In this course, we review the history of health promotion, theoretical support for health promotion, health disparities, specific needs of various populations and barriers as well as facilitators of health. Students look at the health of populations and identify strengths and vulnerabilities of individuals in relation to health promotion efforts. The emphasis is on ways to promote and maximize the health of clients on a community level.

Projects: *Community assessment* (students choose a community); students identify and study demographic and environmental factors that may hinder the health of that community, suggesting needed areas of focus. A second project requires students to identify and analyze the merits of a successful, community-based health promotion program.

Curry College

Milton, MA 02186

Accelerated Nursing Program

NSG 2500 Pharmacology - Summer 2013

Students in the accelerated nursing program took this course which examined important principles and considerations of the nurse in regard to safe drug administration. Students were focused on drug classifications, techniques and routes of administration, contraindications and necessary precautions. The roles and responsibilities of the nurse while administering medications, ethical and legal considerations, and ongoing assessment of patients receiving medications are highlighted.

University of Massachusetts Dartmouth

Dartmouth, MA 02740

Undergraduate Program

Part time Faculty/Teaching Assistant – Nursing Lab (9/2009-12/2011)

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NUR 242 Holistic Health Assessment - Lab Skills NUR 242 Holistic Health

Weekly, 3-hour lab skills practice occurred with groups of 8-9 undergraduate nursing students. Each week, students practiced examining different body systems of a peer in the nursing lab. Along with physical assessment, the functional and psychosocial needs in relation to health were reviewed.

Project: Students demonstrated a complete head to toe assessment in a 30-minute timeframe and prepared a full history and physical write up with a narrative description of the process.

RN-BSN Program

Lecturer

NUR 322 Holistic Health Assessment

In this course, students in the RN-BSN program reviewed the scientific principles involved in the holistic assessment of patients. The nursing process, techniques of examination, and education of patients to promote wellness were included in weekly meetings.

Course Development:

Research in Nursing, 2021

**Invited Guest Speaker: William James College
Newton, MA**

540 Geriatric Psychopharmacology, Clinical Psychology Department

Aging Process, Age - related Central Nervous System Alterations & Neurotransmission:
Patient - centered Care Approach & Interdisciplinary Care. **5/24/2018**

Older Adults and Sleep Disorders & Alcohol/ Abuse & Psychological Medication use -
Benefits and Risks: Patient – centered Care Approach & Interdisciplinary Care. **6/14/2018**

Older Adults and Comorbidity and Medication use Pain Management:
Patient - centered Care Approach & Interdisciplinary Care. **6/26/2018**

ADVISING

Currently, I have approximately 42 Academic Advisees in the Nursing Program

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RESEARCH: AREA OF RESEARCH INTEREST: The Long-Term Care Population, Pet Therapy

Principal Investigator – *College Student Stress Level Response to a 15-minute Animal Interaction, Salve Regina University, 2023.*

This study involved three nursing faculty and 15 undergraduate nursing students as active collaborators who assessed blood pressure and pulses of participants before and after interacting with the campus support dog in groups of six for 15 minutes. Pre-interaction survey data and a one item post interaction survey were also part of this descriptive study.

The University of North Carolina at Chapel Hill

Cecil G. Sheps Center for Health Services Research

Dr. Sheryl Zimmerman, lead investigator

Research team member NIA funded grant: *Evaluation of Oral Care Training in Assisted Living Communities* **December 2018 to present**

Salve Regina University, 2019-2020 academic year

Principal Investigator: *How do Pet Therapy Stress Buster sessions affect the emotional and physiologic states of college students?*

This was a collaboration between two Nursing Faculty and the two founders of the Pet Therapy Program. Approximately 35 nursing students representing all class levels assisted with data collection at three points during the 2019-2020 academic year. Up to ten therapy dogs socialized with students attending the Stress Busters. This was a descriptive study with survey data (5 questions, Likert scale) and physiologic measures (pre and post session blood pressure and pulse)

Consultant for Massachusetts Dept. of Public Health, ALS Surveillance Project.

Worked with various physician offices throughout Southeastern Mass compiling data for development of ALS statewide register **2008**

Co-author of CEU program and principal investigator for a pilot study, “Will a patient education program utilizing the Health Belief Model and Adult Learning Theory improve participants’ knowledge of stroke”? **2005**

Research Assistant to Dr. Janet Kenty, University of Massachusetts Dartmouth.

Research project RAPP after school program, collecting data to determine the effectiveness of sexual health education on adolescents and teens **2004**

Research Assistant to Dr. Carol Howe, University of Massachusetts Dartmouth

Research project to evaluate the health of Liberian immigrants in the United States **2003**

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GRANTS/AWARDS/PRESENTATIONS

Faculty presenter on Pet Therapy project, 2020

Faculty presenter on research interest October (2018) Full faculty meeting: *Thriving in Long term care*

Continuing Education on Down syndrome and Dementia at a local community agency caring for intellectually disabled adults (2018)

Poster Presentation Eastern Nurse's Research Society (2017)

Continuing Education Program at a Long-Term Care Agency on *Thriving in LTC* (2016)

Poster Presentation (student) April 15, 2016, at Eastern Nurse's Research Society (2016)

Sigma Theta Tau Fall Program; Guest Speaker, *Thriving in Long Term Care* (2015)

Grant - Sigma Theta Tau International, Nursing Honor Society Theta Kappa Chapter - \$500 (2013)

Graduate Student Senate Recognition Award (2013)

First Student Senator Representing Graduate Nursing Students (2013)

Eastern Nursing Research Society, Poster Presentation, Doctoral Student (2013)

Sr. Madeleine Clemence Vaillot Scholarship Day, First Place Award for Poster Presentation, Doctoral Students (2013)

Sr. Madeleine Clemence Vaillot Scholarship Day, Student Presenter, Doctoral (2012)

Highest GPA of graduating Transfer Undergraduate Students, UMD (2003)

LICENSES AND CERTIFICATION

Registered Nurse/Nurse Practitioner in Massachusetts (current)

Registered Nurse Rhode Island (current)

ANCC - Board Certified Adult Health Nurse Practitioner (current)

CPR/BLS Certification through the American Heart Association, (current)

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PROFESSIONAL MEMBERSHIPS

Sigma Theta Tau Nursing Honor Society (Member, former Board member)
Eastern Nursing Research Society (ENRS)
Gerontological Society of America (GSA)

DEPARTMENT COMMITTEES

Program Evaluation Committee (current)

UNIVERSITY COMMITTEES AND MEMBERSHIPS

Nominations and Elections Committee (until **2022**)
Curriculum Committee (until **2022**) secretary
Faculty Mentor to two tenure track professors

SCHOLARLY ACTIVITIES

Reviewer: *International Journal for Human Caring*
Sigma Theta Tau – Delta Upsilon Chapter – Grant Application Reviewer

PUBLICATIONS

Sullivan, L., McCarty, E., Wood, E., & Cabral, E., (in press), Engaging Undergraduate Students in Collaborative Research. *Journal of Nursing Education*.

Kistler, C., Scott, J., Ward, K., Zeigler, R., Sullivan, L., Tomlinson, S., Wretman, C., & Zimmerman, S., (2020). Mouth Care in Assisted Living: Potential Areas for Improvement. *JAMDA*. DOI:

Sullivan, L., & Willis, D., (2018). Towards changing the long-term care (LTC) paradigm: Explicating the concept of thriving in older adults living in LTC. *Issues in Mental Health Nursing*. 39(5), 388-397. Doi:./10.1080/01612840.2017.1390021

Sullivan, L., & Asselin, M., (2013). Revisiting quality of life for elders in long term care: An integrative review. *Nursing Forum*, 48(3), 191-204. doi: 10.1111/nuf.12030

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CONFERENCES, CONTINUING EDUCATION, PROFESSIONAL DEVELOPMENT

Conferences:

Gerontological Society of America (GSA) Annual Scientific Conference, Boston, MA. *The purpose of Longer Lives*. 20 CEU's **November 2018**

National Organization of Nurse Practitioner Faculty (NONPF) – Indianapolis, Indiana. 20 CEU's **April 2018**

NPACE Conference – *Pharmacology Update for Nurse Practitioners*, Providence, RI, 12.5 CEUs **July 2017**

Eastern Nurses Research Society (ENRS), Pittsburgh, PA: **April 2016**

TeamSTEPPS Interprofessional Program, Affiliated with Albert Medical School of Brown University and the University of Rhode Island **April 2016**

St. Anselm's College

Simulation program part 1 (Spring 2017) 15 CEUs

Simulation certification part 2 (spring, 2017) 15 CEU's

Simulation program for certification part 3 (fall, 2017) 15 CEU's

Simulation program for certification part 4 (fall, 2017) 15 CEUs

Quality Matters Course: Designing your online course, certificate received upon completion of this online program **June 2016**

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(508) 823-9034 Email: louise.sullivan@salve.edu

NURSING EMPLOYMENT

MedOptions of Massachusetts, PC 2009-2015

Newton, MA

Behavioral Health Consultant, medication management

Adult Health Nurse Practitioner

Neurology Associates, P.C. 2007-2009

North Dartmouth, MA

Adult Nurse Practitioner in Neurology office practice in collaboration with two Neurologists

Evercare/United Health 2006-2007

Rhode Island

Nurse Practitioner in long term care setting – management of acute and chronic health conditions

Charlton Memorial Hospital 2003-2006

Fall River, MA

Staff Nurse, Telemetry Unit

Sarah S. Brayton Nursing Care Center 1993-2003

Fall River, MA

Staff Nurse, Per Diem Supervisor

New England Sinai Hospital 1991-1993

Stoughton, MA

Staff Nurse – Respiratory Unit