

**ILANA HALIWA**  
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## ACADEMIC POSITIONS

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**August 2022 – Present**      Assistant Professor  
Department of Psychology  
Salve Regina University

## EDUCATION

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**Ph.D.** Psychology, May 2022  
West Virginia University  
Primary Advisor(s): Mariya Cherkasova, Ph.D. & JoNell Strough, Ph.D.  
Behavioral Neuroscience Preliminary Examination (Passed): August 2019  
**Doctoral Dissertation:** *A Mechanistic Exploration of the Effects of Mindfulness on Pain: The Role of Physiology and Pain-Related Cognition.*

**M.S.** Psychology, May 2020  
West Virginia University  
Primary Advisor: Melissa Blank, Ph.D.  
**Master's Thesis:** *The Role Flavor in the Abuse Liability of Electronic Cigarettes among Tobacco Naïve Young Adults.*

**M.P.H.** May 2016  
Nova Southeastern University  
Primary Advisor: Cyril Blavo, D.O., M.P.H., FACOP  
**Master's Thesis:**  
*Trends in Opioid Use in the City of Houston.*  
Project Advisor: Marc Fleming, Ph.D.

**B.A.** Psychology, May 2012  
University of North Carolina at Chapel Hill  
*Cum Laude*

## AWARDS AND HONORS

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**Open Access Author Fund**, (\$1000) West Virginia University, 2022  
**Open Access Author Fund**, (\$1000) West Virginia University, 2021  
**James Stevenson Scholarship**, (\$2500) West Virginia University, 2020  
**Carl del Signore Scholarship**, (\$500) West Virginia University, 2018  
**International Health Initiatives Public Health Fellow**, Nova Southeastern University, 2014 – 2016.  
**International Health Initiatives Community Service Award**, Nova Southeastern University, 2014

## PEER REVIEWED PUBLICATIONS

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- Haliwa, I.**, Layman, H., Coffman, J., Snodgrass, A., Santer, P., ... & Jarrett, T. (2022). Perceptions and Expectations of School-Based Professionals Surrounding School-Based Mindfulness Training in Appalachia during the COVID-19 Pandemic: A Qualitative Study. *Frontiers in Public Health*.
- Haliwa, I.**, Ford, C. G., Wilson, J.W., & Shook, N. J. (2021) A mixed-method assessment of a 10-day mobile mindfulness intervention. *Frontiers in Psychology: Psychology in Clinical Settings*.
- Ford, C. G., Kiken, L. G., **Haliwa I.**, & Shook, N. J. (2021). Negatively biased cognition as a mechanism of mindfulness: A review of the literature. *Current Psychology*.
- Haliwa, I.**, Wilson, J., Lee, J., & Shook, N. J. (2021). Predictors of change in mental health during the COVID-19 pandemic. *Journal of Affective Disorders*.
- Ford, C.G., **Haliwa, I.**, Shook, N. J. (2021). Mind your gaze: Examining the relation between mindfulness and visual attention to valenced images. *Behavioral Brain Research*, 401, 113063.
- Haliwa, I.**, Spalding, R., Smith, K., Chappell, A., & Strough, J. (2021). Risk and Protective Factors for College Students' Psychological Health During the COVID-19 Pandemic. *Journal of American College Health*.
- Haliwa, I.**, Wilson, J. M., Spears, S. K., Strough, J., & Shook, N. J. (2021). Exploring facets of the mindful personality. *Personality and Individual Differences*, 171, 110469
- Bolívar, H. A., Elliott, R. J, Middleton, M., Yoon, J. H., Okoli, C. T. C., **Haliwa, I.**, ..., & Gaalema, D. E. (2021). Social Smoking Environment and Associations with Cardiac Rehabilitation Attendance. *Journal of Cardiopulmonary Rehabilitation and Prevention*, 41, 46 – 51.
- Felicione, N. J., Ozga, J. E., Ferguson, S. G., Dino, G., Kuhn, S., **Haliwa, I.**, & Blank, M.D. (2021). Cigarette smokers' concurrent use of smokeless tobacco: Dual use patterns and nicotine exposure. *Tobacco Control*, 30, 24 – 29.
- Ozga-Hess, J., Warren, C., **Haliwa, I.**, Felicione, N. F., Ferguson, S., Dino, G., & Blank, M. (2021). Measurement of Cigarette Smoking: Comparisons of global self-report, returned cigarette filters, and ecological momentary assessment. *Experimental and Clinical Psychopharmacology*. [in press]
- Haliwa, I.**, Lee, J., Wilson, J., & Shook, N. (2020) Mindfulness and engagement in COVID-19 Preventive Behavior. *Preventive Medicine Reports*, 20, 101246.
- McCluskey, D. L., **Haliwa, I.**, Wilson, J. M., Shook, N. J., & Keeley, J. W. (2020). Experiential avoidance mediates the relation between mindfulness and anxiety. *Current Psychology*.
- Fenstermacher, E., Ebert, A. R., Shook, N. J., Lee, J., Wilson, J. M., & **Haliwa, I.** (2020). Dementia-related anxiety and general illness anxiety differ based on familial exposure to persons with dementia. *Innovation in Aging*, 4, 283 – 284.
- Yoon, J.H., San Miguel, G.G., Vincent, J.N., Suchting, R., **Haliwa, I.**, Weaver, M.C., ... Lane, S.D. (2019). Assessing attentional bias and inhibitory control in cannabis use disorder using an eye-tracking paradigm with personalized stimuli. *Experimental and Clinical Psychopharmacology*, 27, 578 – 587.
- Pericot-Valverde, I., Elliot, R.J., Priest, J.S., Barret, T., Yoon, J.H., Miller, C.C., Chizimuzo, T.C., **Haliwa, I.**, ... Gaalema, D.E. (2019). Patterns of tobacco use among smokers prior to hospitalization for an acute cardiac event: Use of combusted and non-combusted products. *Preventive Medicine*, 128, 105757
- Yoon, J. H., Weaver M. T., De La Garza, R., Suchting, R., Nerumalla, C., Omar Y., Brown, G.S., **Haliwa,**

I. Newton, T. F. (2018). Comparison of three measurement models of discounting among individuals with methamphetamine use disorder. *The American Journal on Addictions*, 27, 425-432.

Yoon, J.H., De La Garza, R., Newton, T.F., Suchting, R., Weaver M.T., Brown, G.S., Omar Y., **Haliwa, I.** (2017). A comparison of Mazur's k and area under the curve for describing steep discounters. *The Psychological Record*, 67, 355 – 363

## **SELECT PRESENTATIONS AND POSTERS**

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**Haliwa, I.,** Wilson, J. M., Lee, J. & Shook, N. J. (May 2021) *Changes in Mental Health during the COVID-19 Pandemic*. Flash talk presented at the Association for Psychological Science Annual Convention 2021.

**Haliwa, I.,** Wilson, J. M., Lee, J., & Shook, N. J. (June 2021). *Understanding the link between mindfulness and pain: The role of health behaviors*. Poster presented at the International Association for the Study of Pain World Congress on Pain.

**Haliwa, I.,** & Shook, N. J. (June 2020). *Mindfulness and experiential avoidance: A multi-methodological analysis*. Poster presented at the Mind and Life Institute Summer Research Institute.

**Haliwa, I.,** & Shook, N. J. (February 2020). *Mindfulness and pain sensitivity: The mediating role of pain-related cognition*. Poster presented at the Society for Personality and Social Psychology Health Preconference.

## **RESEARCH EXPERIENCE**

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### **West Virginia Prevention Research Center, Morgantown, WV**

*May 2019-May 2022*

Assist in coordinating monthly, quarterly and annual reporting for two CDC funded grants: the CDC-RFA-DP18-1815 grant (Improving the Health of Americans through Prevention and Management of Diabetes, Heart Disease, and Stroke) and CDC-RFA-DP20-2001 grant (National and State Tobacco Control Program) in partnership with the West Virginia Division of Health Promotion and Chronic Disease and Division of Tobacco Prevention. Conduct interdisciplinary research through Mindful West Virginia, testing the feasibility and effectiveness of mindfulness interventions within the state.

### **Shook Lab, Morgantown, WV & Mansfield, CT**

*March 2019 – May 2022*

Involved in data collection and analysis for studies regarding the relations between mindfulness and mental health, cognition, attention, pain perception, and physical health. Specialized skills include qualitative analysis, analysis of eye-tracking data, dried blood spot analysis, and cold pressor task administration.

### **WVU Tobacco Research Lab, Morgantown, WV**

*August 2017 – December 2019*

Involved in data collection and analysis for studies on the determinants and consequences of smoking behavior. Completed a thesis project on the role of flavoring in the abuse liability of electronic cigarettes among tobacco naïve young adults. Specialized skills include collection of psychophysiological data including carbon monoxide breath content, smoking topography, and urinalysis.

## **Center for Neurobehavioral Research on Addiction**

**UT Health Science Center at Houston, Houston, TX**

*February 2016 – May 2017*

Developed a study to evaluate the use of electronic cigarettes for smoking cessation in individuals with schizophrenia. Conducted studies examining the role of clinical interventions and physiological and behavioral factors on substance use (e.g. tobacco, cocaine). Specialized skills include administration distress tolerance tasks, assessment of smoking topography, transdermal alcohol monitoring, eye tracking, and exposure to Virtual Reality hardware and software.

**UNC Anxiety Lab, Chapel Hill, NC**

*August 2011-May 2012*

Research Assistant for a study examining the implications of compulsive mirror gazing on anxiety and body dissatisfaction in individuals with body dysmorphic disorder. Specialized training includes administration of MINI International Neuropsychiatric Interview.

**UNC Positive Emotions and Psychophysiology Lab, Chapel Hill, NC**

*August – December 2012*

Research assistant on a study evaluating the role of positive emotions on physical health. Specialized skills include the training in measurement of psychophysiological data including vagal tone, and the creation of a standard operating procedure for SPSS analysis.

## **TEACHING EXPERIENCE**

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### **Psychology 203: Research Methods I**

*January 2019-2020*

Instruct two laboratory sections and a total of 32 students. The course consists of a weekly lab lecture reviewing descriptive and statistical data analyses, qualitative, cross-sectional, correlational and experimental research methods, and completion of a research paper.

### **Psychology 204: Research Methods II**

*August 2018-December 2018*

Instructed two laboratory sections and a total of 32 students. The course consists of a weekly lab lecture reviewing data collection, organization and analysis as well as the completion of a group research experiment, research paper and presentation.

### **Psychology 301: Biological Foundations of Behavior**

*August 2017 – May 2018*

Taught three laboratory sections and a total of 50 students. The course consists of a weekly lab lecture, data collection using Animal Behavior Data Simulation software, and 11 lab reports involving statistical analysis of collected data.

## **SERVICE EXPERIENCE**

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### **Ad Hoc Manuscript Reviewer**

Assist with ad hoc manuscript reviews for *Personality and Individual Differences, International Journal of Environmental Research and Public Health, Mindfulness, The Journal of Pain, Current Psychology*

### **National Prevention Research Center Network Anti-Racism Workgroup**

*December 2020 - present*

### **WVU Psychology Department Diversity Committee, Morgantown, WV**

*June 2020 – May 2021*

**Behavioral Neuroscience Training Committee, Morgantown, WV**

*August 2018 – May 2020*

**Wellness Committee, Morgantown, WV**

*November 2017 -May 2019*

**Drug Surveillance Support Committee, Ft. Lauderdale, FL**

*June 2014 – May 2015*

**United Way of Broward County Grant Review Committee, Ft. Lauderdale, FL**

*July – August 2014*

**Broward Regional Health Planning Council, Hollywood, FL**

*October 2014 – March 2015*

**Nova Southeastern University M.P.H Curriculum Planning Committee, Davie, FL**

*June 2014- October 2015*