

Shelley Diane Lynch DNP, FNP-BC, APRN, CCRN

EDUCATION

Doctor in Nursing Practice (DNP): University of North Carolina, Chapel Hill. Graduation in 2022

Certificate of Advanced Graduate Study: Family Nurse Practitioner (FNP): Massachusetts College of Pharmacy & Health Science. Graduated in 2015.

Masters of Science in Nursing (MSN): Nursing Education Grand Canyon University, Phoenix, Arizona. Graduated in 2010.

Bachelor of Science in Nursing (BS): Hartwick College, Oneonta, NY, graduated in 2000.

CURRENT PROFESSIONAL LICENSURE

MA Certified Nurse Practitioner (CNP) license

RI Certified Nurse Practitioner (CNP) license

MA Registered Nurse license

MS Registered Nurse license

RI Register Nurse license

Electronic Medical Record (EMR) Experience

*Epic *E-clinical Works *WebOMR Medivision *Meditech *Cerner *Allscripts

CURRENT CERTIFICATIONS

10/2024	Advanced Stroke Life Support Instructor, AHA
09/2024	Advanced Stroke Life Support Provider, AHA
10/2023	Trauma Nurse Core Course Instructor, ENA
10/2023	Emergency Nursing Pediatric Course, ENA
11/2022	Disaster Certification, University of Chapel Hill, NC
01/2020	Stop the Bleed Instructor, ACS
10/2018	Online Nursing Mastery Series Certificate, Online Learning Consortium
08/2018	Online Teaching Certificate, Online Learning Consortium
01/2016	American Heart Association (AHA) Training Center Faculty
11/2015	Certified Medical Examiner, Federal Motor Carrier Safety Administration
11/2015	Pediatric Advanced Life Support Instructor, AHA
03/2015	NIHSS- Stroke Scale Certification, National Stroke Association
06/2015	Training Center Faculty for BLS, ACLS, & PALS, AHA
01/2015	Pediatric Advanced Life Support, AHA
09/2003	Advanced Cardiac Life Support Instructor, AHA
09/2003	Basic Life Support Instructor, AHA
10/2002	Trauma Nurse Core Course, ENA
10/2002	Critical Care Registered Nurse, AACN
10/2001	Advanced Cardiac Life Support, AHA
07/1996	Basic Life Support, AHA

PAST CERTIFICATION

10/2004 Certified Legal Nurse Consultant, Vickie Milazzo Institute, Houston, Texas.

EXPERIENCE

Salve Regina University, Director DNP Program, Full-Time Lecturer (2023-current)

- Lecturer in the FNP/DNP program
- Associate Director of the Doctor Nursing Practice program
- Courses: Management of the APRN, Advanced Physical Assessment, and Global Perspectives for the APRN
- Coordinator for the 3-day colloquium

ACLS Academy, dba Lynch Medical Consulting, LLC, CEO (2014- current)

- Chief Executive Officer of a consulting company, ACLS Academy, providing American Heart Association Courses: ACLS, PALS, and BLS to hospitals and the community

- Oversees 30+ healthcare professionals, including MDs, critical care RNs, ED RNS, RTs, and paramedics in AHA training.
- Advanced ACLS Academy from Training Site to Training Center in 8 years by training over 30 instructors a year and 4000 students a year.
- Contracts with large hospitals and community centers including Boston Children's Hospital cardiology department, Steward Healthcare, US Navy, Fenway, UMass Police Department, and Boston Public Schools.
- Consulting on medical-legal cases, consulting medical device companies, and providing general education such as annual skills days or telemetry classes.
- Editor with the traveler advisory board for RN.Com reviewing continuing educational courses awaiting publication. Responsibilities include critiquing the course, providing input about the accuracy of the content and the presentation, review of the post-test questions, and providing feedback that assists in determining an accurate number of contact hours for these courses.
- Publishing continuing education courses since 2003 with RN.Com.

Beth Israel Deaconess Medical Center, Boston (2007 – current)

- Per diem at a Level I trauma center in Boston, MA
- Work in a variety of ICU's including MICU, SICU, Trauma ICU, CCU
- Work the first aid station for the Boston Red Sox home games 2010-2013
- Perform patient assessment on ICU patients. Manage complex intensive care unit patients. Provide patient and family support.
- Competent in Pulmonary Artery Catheter monitoring, arterial lines, pacemakers, chest tubes, emergencies, advance life support, ventilator management, ICP monitoring, CRRT
- Educated 300+ med/surg class in the COVID surg class: Trained med/surg nurses on ventilators, central line access, ARDS, and vasoactive gtt's.

Northeastern University, Part-Time Lecturer (2013 - 2015); (2021-2023)

- Part-time lecturer for the Direct Entry NP program: Care of the Adult II
- Prior experience teaching Pathophysiology & Pharmacology
- Course Coordinator for Mental Health and clinical instructor for Senior Year Practicum
- Attended 3-week Online Course Development Orientation Program

Freccero Medical Associates, Nurse Practitioner (2015 – 2024)

- Nurse Practitioner in internal medicine office
- Caring for patients in the office, rehab, hospital, nursing home, and home.
- Urgent care office visits.
- Certified Medical Examiner- performed DOT physical
- Caring for patients with chronic illness, yearly physicals, pre-op exams, and urgent care matters
- Sick visits 20 minutes/complete physical exam 60 minutes (18-24 patients a day)

Massachusetts College of Pharmacy & Health Science (MCPHS), Associate Professor (2020 – 2021) Adjunct (2021-2023)

- Associate professor on the Boston Campus. Co-chair of the scholarship committee. BSN Program- Professor for advanced medical-surgical nursing. MSN Program- Course coordinator for NP program- Advanced Health Assessment
- Part-Time Clinical Instructor: NP Program

UMass Dartmouth, Clinical Assistant Professor (2015 – 2020); Adjunct (2020-2022)

- Clinical in the Accelerated Bachelors in Science (ABS), RN-BS, and MSN program.
- Updated and redesigned Holistic Health Assessment for the RN to BSN program.
- Built Knowledge Foundation in Nursing and Holistic Health Assessment for the ABS program.
- Built Integrated Physiologic Knowledge in Patient Care and Global Health Perspectives for the MSN program
- Member of the community department and evaluation committee.
- Created a Community Health Clinical/ Global Health Program in collaboration with Partners in Development. Lead ABS students to Glendora, Mississippi to perform a community needs assessment for an area of the US in extreme poverty. Addressing multigeneration poverty and social determinants of health.

- Attended “Experiential Learning Workshop” in Brunca, CR with CUGH, OTS, and CFHI.
- Completed the OLC’s online nursing mastery series

UMass Boston, Part-Time Lecturer (2014 – 2015)

- Part-Time Lecturer: Clinical Instructor for Community Health

Hartwick College, Adjunct Faculty (2011 – 2013)

- Adjunct faculty for a BSN program in Upstate New York
- Fall semester: Created and implemented a 5-week blended critical care class for the RN-BSN program
- Spring semester: Instructor for senior year practicum experience

Grand Canyon University, Part-Time Faculty (2010 – 2014)

- Online professor teaching for RN to BSN course: Pathophysiology and the Nurse Management of Clients

Quincy Medical Center, Manager/ Clinical Nurse Educator of Critical Care (2009 – 2013)

- Nurse educator for a 14 bed ICU/PCU in a community hospital & 40 bed telemetry unit
- Designed and taught a 2-day ICU course based on the American Association of Critical Care Nursing [AACN] standards of practice then trained 13 nurses to become ICU nurses
- Encourages CCRN certification. Aided 4 nurses throughout a 12-week study plan with review and test questions. In 2011, four nurses successfully passed their CCRN. I continue to develop teaching plans and encourage more nurses to get their CCRN every year.
- Lead planner of both a Nurse and Nurse Technician skills day.
- Build new and updated old nursing policies/procedures/protocols which were designed to promote best practice and evidence-based practice. Including initiating a therapeutic hypothermia post-cardiac arrest in the ICU
- Teach continuing education classes accredited by MARN and initiated an ICU journal club
- Responsible for planning and implementing education programs both unit-based and hospital-wide
- American Heart Association Coordinator. Teach BLS and ACLS for the healthcare provider
- Constructed action plans for nurses requiring remediation
- Collaborate in multidisciplinary meetings including critical care committee, code committee, falls committee, and continuing education committee.
- Involved in the Comprehensive Unit-Based Safety (CUSP) Program
- Involved in risk management: scribe for The Joint Commission and Department of Mental Health surveys.

Quincy College, Adjunct Faculty (2009 – 2011)

- Adjunct Nursing Professor for Licensed Practical Nurse program
- Instruct students in a medical-surgical clinical site
- Clinical professor for pediatrics at daycare centers
- Teach nursing fundamentals in the nursing lab
- Perform mid-term and final evaluations of nursing students
- Instruct students, discussion facilitator regarding nursing profession guidelines and best practices

Bunker Hill Community College, Adjunct Faculty (2009 – 2010)

- Adjunct Nursing Professor at an Associate Degree Nursing program
- Teach medical-surgical clinical at an acute medical unit
- Performed mid-term and final evaluations of nursing students
- Teach using evidence-based practices
- Assist students to apply classroom theory to real world clinical situations

CHF Solutions, Clinical Specialist (2007 – 2009)

- Clinical Specialist for aquapheresis on the Aquadex Flexflow, responsible for the East Coast territory
- Educated, trained, and presented to physicians, nurses, pharmacists, and IV teams on heart failure and the use of ultrafiltration across the country. Designed the teaching tools and presentations for CHF Solutions.
- Worked with cardiologists during the UNLOAD trial

American Mobile Healthcare, Travel Critical Care Nurse (2000 - 2007)

- Charge nurse, staff nurse, and preceptor

- Extensive experience in the following intensive care units at major hospitals throughout the nation as a travel nurse with American Mobile Healthcare and a staff nurse: CCU, MICU, SICU, TICU, CVICU, CTICU, and Neuro ICU
- Worked at the following hospitals: *University of North Carolina*, Chapel Hill, NC. *Falmouth Hospital*, Falmouth, MA. *Massachusetts General Hospital & Beth Israel Deaconess Medical Center*, Boston, MA. *Fairbanks Memorial Hospital*, Fairbanks, Alaska. *Queen's Medical Center*, Honolulu, HI. *St. Luke's Meridian Hospital*, Meridian, ID. *New York University Medical Center*, New York, NY. *John Hopkins Medical Center*, Baltimore, MD. *Tulane Medical Center*, New Orleans, LA. *University Hospital*, Syracuse, NY. *Yale-New Haven Hospital*, New Haven, CT.

Medical-Legal Consulting Associates. (2004 - 2007)

- Past President and Legal Nurse Consultant.
- Assist attorneys by reviewing medical cases/records, defining standards of care, participating in policies & procedures committees, & reviewing hospital policies.

University Hospital Syracuse, NY, Trauma SICU (2000 - 2002)

- Charge nurse, staff nurse, and preceptor in a level 1 trauma and teaching hospital
- Certified in telemetry, PA catheters, multiple drips, CVVHD, peritoneal dialysis,
- Care of trauma patients, renal transplant patients, vascular, and general surgery.

GLOBAL HEALTH/INTERNATIONAL NURSING EXPERIENCE

Partners in Development-(July 2024-current)

Working with PID, creating a NP clinical experience in Guatemala for 60 clinical hours.

Partners in Health-(September 2022-current)

- Volunteering in partnership with a hospital in Sierra Leone to advance their nursing education. Built critical care courses and met with staff via Zoom to help with their advancement in nursing practice under the leadership of PIH.
- Lead faculty in a pharmacology course for Emergency Medicine Nurse Practitioner education for the Hôpital Universitaire de Mirebalais (HUM), in Haiti

Partners in Development- Glendora, Mississippi (September 2018-current)

Working with PID, created a community health clinical experience with the Accelerated Bachelors of Science in Nursing students to Glendora. The students work in a health center to perform screening, train on basic CPR/AED/First Aid, and create relationships with other community centers to help with health and wellness of the community in Glendora. The students will evaluate civil rights, human rights, social determinants of health, and health disparities.

Partners in Development- Haiti (2017 & 2018)

In the NP role, cared for the people of Haiti in a clinic setting while teaching nursing students.

Isaac Barrent Clinic- St. Thomas, Jamaica (2010)

Returned to Jamaica during my MSN in Nursing Education as a student nursing instructor for a Bachelors of Science in nursing program with Hartwick College. Brought students into the rural communities of Jamaica and taught them community health nursing.

Isaac Barrent Clinic- St. Thomas, Jamaica (1999)

As a student nurse, spent a month learning community nursing by delivering healthcare to clients of low socioeconomic status. Worked in clinics performing newborn vaccinations, adult immunizations, and wound care while educating clients on sexually transmitted diseases, breastfeeding, and dental hygiene. In addition, performed screening for scoliosis, sexually transmitted diseases, infection, and common adolescent health problems at several Jamaican orphanages.

PUBLICATIONS

Lynch, S., Street, N., Sharpe, L., & Kellish, A. (2024) "Social Determinants of Health: PRAPARE Tool Implementation in Primary Care. *The Journal of Nurse Practitioners*.

Blade-Mello, M., Lynch, S., Stager, S., Poshkus, M., & Burke, K. (2025). Increasing Identification of High Fall Risk in Community-Dwelling Seniors 65 and Older Through Primary Care Screening Using the Stopping Elderly Accidents, Death and Injury Three Key Questions Fall Risk Screening Tool. Available at SSRN: <https://ssrn.com/abstract=5164990> or <http://dx.doi.org/10.2139/ssrn.5164990>

CONTINUING EDUCATION PUBLICATIONS

"Essentials of Cardiovascular Care." Relias (2020)
"Essentials of Neurology & Behavioral Health." Relias (2020)
"Delirium in the ICU: It's More Common Than We Think." RN.COM (2015)
"Management of Sepsis in the Adult" RN.COM (2014)
"Management of Type 2 Diabetes & the Role of the Diabetic Educator" RN.COM (2014)
"Mechanical Ventilation of the Adult" RN.COM (2013)
"Care of the Patient Receiving Moderate Sedation" RN.COM (2013)
"Treatment of Pressure Ulcers" RN.COM (2013)
"Care of the Patient with an Ostomy" RN.COM (2013)
"Pressure Ulcers Management & Treatment" RN.COM (2012)
"Patient Safety: Honing in on Heparin" RN.COM (2012)
"Intra-Abdominal Hypertension" RN.COM (2011)
"Forensic Nursing: Evidence Collection for Nurses" RN.COM (2011)
"Moderate Sedation" RN.COM (2010)
"Acute Coronary Syndrome," RN.COM (2009)
"Overview of Diabetes," RN.COM (2009)
"Abdominal Compartment Syndrome," RN.COM (2008)
"Chest Tube Management," RN.COM (2007)
"Increased Intracranial Pressure and Monitoring," RN.COM (2006)
"Pulmonary Artery Catheter & Hemodynamic Values," RN.COM (2005)
"Thrombolytic Therapy for Acute Ischemic Stroke" RN.COM (2004)

GRANT SUBMISSION

- Pilgrim Grant. Global Success Informs Local Programming: Community Health Worker Outreach to Increase Access in Glendora, MS- A Pilot Study
- Harbor One. Social Determinants of Health Impacts Health Outcomes: PRAPARE Tool Implementation in a Small Community Primary Care Practice

UPCOMING SPEAKING ENGAGEMENTS

Sigma Theta Tau- November 2024

SPEAKING ENGAGEMENTS

- "Global Medicine and Nursing- How to get involved." Sigma Theta Tau (November 2024)
- "The Extra One Degree: Lessons Learned from Building Partnerships in Global Health." University of North Carolina Medical Center (January 2024). Keynote Speaker for a cardiology conference, "The Beat Goes On."
- "Upstreaming Thinking in the Emergency Department." Emergency Nursing Association (April 2024).
- "Storytelling" (2021). Storyteller in the February 2021 session about stories from around the globe. Global Nursing Caucus
- "Boston's 'Nursing Now' Launch" (2020). During the Nursing Now launch in Boston, provided closing remarks for keynote speaker Dr. Cheryl Jones
- "GNC Nursing Now" (2020). Provided closing remarks at the Nursing Now Boston Launch
- "Beyond Expectation" (2019). UMass Dartmouth Sigma Theta Tau Chapter's Induction Ceremony
- "Networking in America- Crossing the health equity divide- A University and Community Partnership" (2018). Global Nursing Caucus Conference.
- "Global Health Then and Now"- Speaker and co-director for the Global Health Summit at UMass Dartmouth. Round table discussion with keynote speakers Dr. Joia Mukherjee (CMO at Partners in Health), Julia Plotnick (Former Assistant Surgeon General), and Dr. Nancy Street.

POSTER PRESENTATION

“In Our Own Backyard: Using Global Health Initiative for Local Solutions to Health Disparities.” Council for the Advancement of Nursing Science. (September, 2020).

“In Our Own Backyard: Using Global Health Initiative for Local Solutions to Health Disparities.” Consortium of Universities for Global Health (CUGH) (April, 2020).

RESEARCH

Lead by Dr. Cheryl Jones. Was a research assistant on the Pandemic Workforce Study: North Carolina AHEC and UNC-Chapel Hill: Study reported to the North Carolina General Assembly.

AFFILIATIONS & BOARDS

Boston Career Institute. Board of Directors (2023 – current)

Global Nurse Caucus, Advisory Board (2018 – current)

American Association of Nurse Practitioners, member (2015 – current)

American Federation of Teachers, member (2015 – current)

American Nurses Association, member (2015 – current)

National League of Nursing, member (2009 – current)

Sigma Theta Tau International Honor Society of Nursing, member (2008 – current)

American Association of Critical Care Nurses, member (2000 – current)

American Association of Legal Nurse Consultants (2004 – 2008)

Sigma Theta Tau International Honors Society, Faculty Counselor (2015 – 2019)

AWARDS & ACKNOWLEDGEMENTS

2022	Kjverik Nursing Scholar: UNC Graduate Nursing Scholarship for the academic year 2022-2023
2018	Nurse Hero: Award presented at a Red Sox game at Fenway Park from Nurses.org
2017	Heartsaver Hero Award: American Heart Association (AHA)
2015	President’s Award for Commitment to Diversity: Massachusetts College of Pharmacy and Health Science graduation award
2014	Lifesaving Award: 4 Awards from Massachusetts State Police, the Governor of Massachusetts, the Senator of Massachusetts, and the House of Representatives of Massachusetts. Award ceremony at the Massachusetts State House in Boston, MA, for saving the life of a TSA worker in the airport.
2014	Lifesaving Badge: Established to bestow recognition upon civilian personnel who undertake significant actions in saving another life. Massachusetts State House, Boston, MA
2014	Massport Outstanding Achievement Award: Massachusetts State Police Emergency Response Team, Boston, MA
2012	2012 Faculty Recognition: Grand Canyon University
2010	Outstanding Young Alumnus Award: Hartwick College
2010	Alpha Chi National Honor Society
2009	Isabel McIsaac Award: Nurses Educational Funds, Inc
2008	Sigma Theta Tau International Honor Society of Nursing Induction
2007	Clinical Specialist Rookie of the Year: CHF Solutions

VOLUNTEER

Partners in Development: Volunteer to work as an NP in March 2017 and March 2018 in Port-au-Prince, Haiti

Health Fairs: Volunteer to teach hands-only CPR and call 911 in emergencies.

Massachusetts Region 4B Medical Reserve Corps (MRC): Nurse Practitioner volunteer with the MRC whose mission is to improve the health and safety of their communities.

Medical Champion: As a nurse at BIDMC, I am paired with a Red Sox Scholar. I mentor an academically talented and economically disadvantaged 5th grader from the Boston Public Schools.

Jamaica Transcultural Nursing Scholarship: Founder and fundraiser for a scholarship given to nursing students excelling in their nursing studies during their undergraduate career at Hartwick College. The scholarship is directly applied to the tuition for the Transcultural Nursing Course in Jamaica.

Alumni Hartwick College Nursing Committee Member: A member of a nursing committee that meets quarterly to plan event and fundraise for the current Hartwick nursing students, including nursing research day, commencement, study buddies, and other nursing functions.