

**Sharon R. Keating PhD, FNP-BC, CNE**

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## **HIGHER EDUCATION**

**University of Massachusetts Dartmouth, Dartmouth, MA**

PhD Nursing, 2017

**Dissertation:** *Text Messaging as an Intervention for Weight Loss in Overweight and Obese Emerging Adults*

**University of Rhode Island, Kingston, RI**

M.S. Nursing, 1997

Concentration in Family Nurse Practitioner Program

**Capstone:** *The Experiences of a New Nurse Practitioner: A Phenomenological Study*

**Boston College, Chestnut Hill, MA**

B.S. Nursing, 1993 (Cum Laude)

## **ACADEMIC EXPERIENCE**

**September 2020 to present**

**Salve Regina University, Newport RI**

**Department of Nursing**

**Assistant Professor**

Responsibilities include didactic, clinical and simulation teaching at various levels of the nursing program; academic advising; participation in committee work; curriculum revision and evaluation; department meetings and faculty assembly meetings. Experience teaching in face-to-face and online modalities and clinical settings. Responsible for development and coordination of an undergraduate lab/clinical rotation for Health Assessment and Fundamentals of Nursing (78 students) Responsible for the development of a Masters' level course Advanced care of the Pediatric Patient

**Courses Taught at Salve Regina University:**

NUR 150 – Introduction to Professional Nursing

NUR 333 – Experiential Learning: Holistic Health Assessment & Fundamentals of Nursing (Lead Instructor)

NUR 336 – Research and Evidence Based Practice

NUR 339 – Experiential Learning: Care of Adults with Chronic Health Conditions

NUR 346 – Families in Transition: Care of Childbearing/Childrearing Families

NUR 347 – Experiential Learning: Families in Transition: Care of Childbearing/Childrearing Families (Lead Instructor)

NUR 451 – Nursing Capstone

NUR 536 – Advanced Care of the Pediatric Patient

**Courses Developed at Salve Regina University:**

NUR 333 – Experiential Learning: Holistic Health Assessment & Fundamentals of Nursing

NUR 536 – Advanced Care of the Pediatric Patient

**Student Advising at Salve Regina University:**

Traditional undergraduate nursing students

**September 2015 to August 2020**

**University of Massachusetts Dartmouth, Dartmouth MA**

**Community Nursing Department**

**Full Time Lecturer**

Responsibilities included didactic, clinical and simulation teaching at various levels of the nursing program; academic advising; participation in committee work; curriculum revision and evaluation; department meetings and faculty organization meetings.

Experience teaching in face-to-face and online modalities. Served as the clinical coordinator and lead instructor for the BS nursing pediatric clinical for three years.

**September 2018 to August 2020**

**University of Massachusetts Dartmouth, Dartmouth MA**

**Doctor of Nursing Practice (DNP) Program Director**

Served as the Graduate Program Director of the DNP Program and DNP committee chair.

Collaborated with DNP track coordinators and faculty, to provide leadership and oversight of DNP students' education experience composed of didactic, practicum, and residency education. Oversaw program marketing, recruitment of qualified applicants, admission processes, curriculum matters, and compliance with all national and state accreditation standards. Convened the DNP Committee monthly meetings and oversaw the responsibilities of the DNP Committee, the Track Coordinators, and Practicum and Residency Education Coordinators. Served as a liaison to educational and health care institutions ensuring effective public relations related to educational offerings, student recruitment, clinical and residency educational/training sites, and graduates' employment opportunities. Served as course faculty, and as chair/advisor on DNP scholarly projects. Oversaw the implementation of new clinical and residency structures. Edited and updated DNP program handbook and DNP Scholarly Project Handbook; Co-authored and implemented a DNP Scholarly Project Survival Guide; implemented a DNP community website. Oversaw course, clinical and residency changes necessary due to COVID-19 pandemic in spring 2020.

**September 1999-May 2003**

**January 2009-May 2014**

**University of Massachusetts Dartmouth, Dartmouth MA**

**Adult and Child Health Department**

**Part-time Visiting Lecturer**

Clinical instructor in pediatrics at the UMass Dartmouth School of Nursing, responsible for the supervision and instruction of third- and fourth-year baccalaureate students in various clinical

settings. Responsibilities included clinical supervision and guidance, teaching in classroom, clinical and skills lab settings, student evaluations and recommendations.

#### **Courses Taught at UMass Dartmouth:**

NUR 106 – Introduction to Professional Nursing  
 NUR 336 – Child and Family Nursing  
 NUR 337 – Experiential Learning: Child and Family Nursing  
 NUR 455 – Experiential Learning: Senior Mentorship  
 NUR 512 – Integrated Physiologic Knowledge in Health Care  
 NUR 552 - Advanced Health/ Physical Assessment  
 NUR 557 – Introduction to Primary Care for the Advanced Practice Nurse  
 NUR 558 - Introduction to Primary Care for the Advanced Practice Nurse- Practicum  
 NUR 772 - Translating Research for Evidence Based Practice I: Project Proposal  
 NUR 773 - DNP Residency I – Practicum  
 NUR 774 – Translating Research for Evidence Based Project II: Intervention, Data Collections and Analysis  
 NUR 775 – DNP Residency II: Health Systems Change  
 NUR 776 – Translating Research for Evidence Based Practice III: Dissemination of Findings  
 NUR 777 - DNP Residency III

#### **Student Advising at UMass Dartmouth:**

Traditional undergraduate nursing students  
 DNP students  
 Undergraduate nursing honors students

### **PROFESSIONAL CLINICAL PRACTICE**

#### **December 2021-Present**

##### **Aquidneck Pediatric Associates, Middletown RI**

##### **Family Nurse Practitioner**

Responsible for episodic illness care of children and young adults ages newborn -21 years. Work collaboratively with other healthcare professionals including physicians, nurse practitioners, nurses and ancillary staff in a private practice setting.

#### **January 2016-April 2020**

##### **University of Massachusetts Dartmouth Health Services**

##### **Family Nurse Practitioner**

Responsible for well and episodic illness care of young adults. Work collaboratively with other healthcare professionals including one physician, nurse practitioners, nurses and ancillary staff in a college health setting.

**August 1997-January 2016****Wareham Pediatric Associates, Wareham MA****Family Nurse Practitioner**

Responsible for patient care ages newborn to 23 years old, including well care and episodic illness care. Work collaboratively with other healthcare professionals of pediatric physicians, nurse practitioners, physician assistant, nurses and ancillary staff in a private practice setting.

**May 1996-July 1997****Visiting Nurse Health Services, Newport RI****Registered Nurse**

Employed as a per-diem staff RN providing nursing care for a wide variety of medical and surgical home care patients. Responsibilities included patient assessments, medication administration and monitoring, patient teaching, and discharge planning. Also served as a member of the IV team accountable for assessment and management of various IV lines, medications, fluids and parenteral nutrition.

**June 1993-August 1995****Roger Williams Medical Center, Providence RI****Registered Nurse**

Employed as a staff RN on a 33-bed medical-surgical unit providing acute care for an expansive patient population. Responsibilities included medication administration, admission assessments, discharge planning, and patient teaching. Other responsibilities included performing the role of resource (charge) nurse on a daily basis and orienting recently hired new graduate nurses. Committees served on included the Values Committee, the Critical path committee, the DNR Committee, and the COPD Patient Teaching Packet Committee.

**PUBLICATIONS**

**Keating, S. R., & Fairbanks, C. (2025).** A new look at resilience in nursing students: Stress, social media, and student athletes. *Nursing Education Perspectives*, 46(1), 37–39. doi:10.1097/01.NEP.0000000000001260

**Keating, S. R., & Rudd-Arieta, M. (2021).** Emerging adults' attitudes and beliefs about suicide and technology/social media. *Journal for Nurse Practitioners*, 17(7), 833–839. doi:10.1016/j.nurpra.2021.04.010

**Keating, S. R., & McCurry, M. K. (2019).**

Text messaging as an intervention for weight loss in emerging adults.

*Journal of the American Association of Nurse Practitioners*, 31(9), 527-536.

doi.org/10.1097/jxx.0000000000000176

Fleishman, A., Hourigan, S. E., Lyon, H. N., Landry, M. G., Reyonolds, J., Steltz, S. K., Robinson, L., **Keating, S.**, Feldman, H. A., Antonelli, R. C., Ludwig, D. S., & Ebbeling, C. B. (2016). Creating an integrated care model for childhood obesity: a randomized pilot study utilizing telehealth in a community primary care setting. *Clinical Obesity*, 6 (6), 380-388. doi: 10.1111/cob.12166

**Keating, S. R.**, & McCurry, M. K. (2015). Systematic review of text messaging as an intervention for adolescent obesity. *Journal of the American Association of Nurse Practitioners*, 27(12), 714-720. doi:10.1002/2327-6924.12264

## **PRESENTATIONS**

### **Podium Presentations:**

**Keating, S.** *Systematic review of text messaging as an intervention for adolescent obesity.* Sister Madeline Clemence Vaillot Scholarship Day, University of Massachusetts Dartmouth. April 28, 2015

### **Poster Presentations:**

**Keating, S.**, & Fairbanks, C. (2023). *Resilience and Related Factors in Undergraduate Nursing Students.* Connecticut Nurse's Association 117<sup>th</sup> Annual Convention, November 6, 2024

**Keating, S.**, & Fairbanks, C. (2023). *Resilience and Related Factors in Undergraduate Nursing Students.* Massachusetts/Rhode Island League for Nursing Fall Conference, October 27, 2024

**Keating, S.**, Cherubini, D., & Bloom E. (2022). *Implementation of NUR 333: Experiential Learning: Holistic Health Assessment and Fundamentals of Nursing: Effects on Students' Self-confidence in Learning and Readiness for Clinical.* Massachusetts/Rhode Island League for Nursing Fall Conference, October 14, 2022

**Keating, S.**, Cherubini, D., & Bloom E. (2022). *Implementation of NUR 333: Experiential Learning: Holistic Health Assessment and Fundamentals of Nursing: Effects on Students' Self-confidence in Learning and Readiness for Clinical.* St. Anselm 29th Annual Nurse Educator Conference, Virtual Live Webinar, June 2, 2022

**Keating, S.** & McCurry, M. (2018). *Text Messaging as an Intervention for Weight Loss in Overweight and Obese Emerging Adults.* Chancellor's Inauguration Activities, Faculty Poster Display, University of Massachusetts Dartmouth. April 19, 2018

Rudd-Arieta, M. & **Keating, S.** (2017). *Incorporating a virtual simulation activity as part of an enhanced pediatric clinical experience.* St. Anselm 25th Annual Nurse Educator Conference, Falmouth, MA. May 31-June 2, 2017.

Letourneau, R., Schuler, M., & **Keating, S.** (2016). *The Development and Implementation of a QSEN Based Clinical Evaluation Tool: Challenges and*

*Opportunities*. 2016 QSEN Forum: The New Frontier: Foraging Partnerships for Lifelong Learning in Quality and Safety. San Antonio, TX. May 2016

**Keating, S. & McCurry, M. (2015).** *Systematic review of text messaging as an intervention for adolescent obesity*. Sister Madeline Clemence Vaillot Scholarship Day, University of Massachusetts Dartmouth. April 28, 2015

**Keating, S. & McCurry, M. (2015).** *Systematic review of text messaging as an intervention for adolescent obesity*. Eastern Nursing Research Society (ENRS) 2015, Washington DC. April 17, 2015

**Keating, S. (2014).** *Exploring Kolbs' experiential learning theory for use in nursing education*. Sister Madeline Clemence Vaillot Scholarship Day, University of Massachusetts Dartmouth. April 29, 2014

#### **Faculty Publication Display:**

**Keating, S. R., & Rudd-Arieta, M. (2021).** Emerging adults' attitudes and beliefs about suicide and technology/social media. *Journal for Nurse Practitioners*, 17(7), 833–839. Faculty Publication Display, McKillop Library, Salve Regina University. Spring 2022. <https://salve.libguides.com/facultypub>

#### **GRANTS RECEIVED**

2017: Sigma Theta Tau International Nursing Society Theta Kappa Chapter  
Project Title: *Text messaging as an intervention for weight loss in overweight and obese emerging adults*  
Role: PI  
Amount Funded: \$950

#### **AWARDS/HONORS**

Highest Grade Point Average – 4.0  
University of Massachusetts Dartmouth PhD Nursing Program  
May 2017

#### **SERVICE**

##### **Nursing Department Service:**

##### **Salve Regina University**

Chair of Department of Nursing Program Evaluation Committee (9/2022-present)  
Active Member of Nursing Program Evaluation Committee (9/2020-5/2022)  
Active Member of Department of Nursing Curriculum Committee (9/2022-present)  
Salve Regina University faculty counselor for Sigma Theta Tau International (6/2021-present)  
Nursing Department Faculty Search Committee (Fall 2022)  
Faculty Participant at Graduate Nursing Colloquium (Fall 2021, Spring 2022, Fall 2022)

Fit testing (medical respirators) for senior nursing students (September 2022)  
 Faculty Representative at Open House and Accepted Student Days (Spring 2021, Fall 2021, Spring 2022, Fall 2022, Spring 2023)

### **University of Massachusetts Dartmouth**

Chair of Doctor of Nursing Practice Committee,  
 Active Member in College of Nursing Faculty Organization  
 Active Member on Nursing Curriculum Committee  
 Active Member on Master's Program Committee  
 Liaison from College of Nursing to Clare T. Carney Library

### **University Service:**

#### **Salve Regina University**

Active Member of University Institutional Review Board (10/2020-present)  
 Active Member of University Curriculum Committee (9/2023-present)  
 Nursing Faculty Representative at SRU National Alcohol Screening Day (April 7, 2022)  
 Active Member of the SRU Quantitative Methods Community of Practice (CoP) (Spring 2022-present)  
 Psychology Department Faculty Search Committee (Fall 2022)  
 Faculty Counselor for Salve Regina University Ping-Pong Club (Fall 2022-present)

### **University of Massachusetts Dartmouth**

Active Member on Board of Advisors for the University Office of Faculty Development

### **Professional Service:**

Sigma Theta Tau International – Delta Upsilon at-Large Chapter board member (6/2021-present)  
 Massachusetts and Rhode Island League of Nursing continuing education committee (1/2021-present)  
 Peer Journal Reviewer, *The Nurse Practitioner*

## **PROFESSIONAL MEMBERSHIPS**

Sigma Theta Tau International – Delta Upsilon at-Large and Alpha Chi chapters  
 American Nurses Association  
 American Academy of Nurse Practitioners  
 Eastern Nursing Research Society  
 National Organization of Nurse Practitioner Faculties  
 National League of Nursing  
 Massachusetts and RI League of Nursing

## **PROFESSIONAL LICENSURE & REGISTRATIONS**

Massachusetts Registered Nurse/Nurse Practitioner

Rhode Island Registered Nurse/Nurse Practitioner  
Controlled Substance Registration (DEA) – Federal and Rhode Island Registration  
National Provider Identifier Standard (NPI) - Centers for Medicare & Medicaid Services

### **PROFESSIONAL CERTIFICATIONS**

Certified Nurse Educator – National League for Nursing  
Family Nurse Practitioner – American Nurses Credentialing Center (ANCC)  
Basic Life Support/CPR – American Heart Association  
Online Educator – Online Learning Consortium (OLC)