

Kathleen N. Muirhead

Associate Professor

Salve Regina University
100 Ochre Point Avenue
Newport RI 02840

Email: Kathleen.muirhead@salve.edu
LinkedIn: <https://www.linkedin.com/in/kathleen-muirhead-18725ab6/>

ACADEMIC APPOINTMENTS

Tenure Track Faculty – Department of Counselor Education and Expressive Arts

August 2019 - Present
Salve Regina University
Newport, Rhode Island

EDUCATION

Doctor of Philosophy – Counselor Education and Counseling (CACREP Accredited)

Graduated May 2019
Idaho State University, Pocatello, Idaho
4.0 GPA, Summa Cum Laude

Master of Arts – Clinical Psychology

Graduated December 2015
Bridgewater State University, Bridgewater Massachusetts
3.9 GPA, Magna Cum Laude

Bachelor of Arts – Psychology, Minor – Crime Law and Justice

Graduated May 2013
Eastern Nazarene College, Quincy Massachusetts
3.626 GPA, Cum Laude

PROFESSIONAL CLINICAL LICENSURE

Licensed Mental Health Counselor, Rhode Island (active)

Rhode Island Department of Health
License Number: MHC-01503

Licensed Professional Counselor (LPC), Idaho (inactive)

Idaho State Licensing Board of Professional Counselors
License Number: LPC-6616

TEACHING

Assistant Professor, Salve Regina University, Newport RI

Courses currently taught as instructor of record:

COU 500 (HLC 506)	Professional Orientation and Ethics	Taught twice annually	2019 – present
COU 501 (HLC 508)	Human Growth and Development	Taught twice annually	2020 – present
COU 502 (HLC 510)	Cultural Equity in Counseling	Taught 1-2x annually	2020 – present
COU 506 (HLC 500)	Research Methods	Taught twice annually	2019 – present
COU 535 (HLC 523)	Substance Use in Counseling	Taught 1-2x annually	2022 – present

Courses taught in the past as instructor of record:

COU 503 (HLC 509)	Theories of Counseling	Taught twice annually	2019 – 2023
COU 526 (HLC 516)	Group Counseling	Taught twice annually	2019 – 2023
HLC 579	Grief Counseling	Taught once	2022

Adjunct Instructor, Bridgewater State University, Bridgewater MA

CNGC 540	Substance Abuse and Addiction Disorders	2021-2022
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Adjunct Instructor, Palo Alto University, Palo Alto CA

ASMT 601	Diagnosis and Treatment Planning II	2019
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Co-Instructor, Idaho State University, Pocatello ID

COUN 6611	Applied Statistics and Research	2016 – 2019
COUN 6612	Professional Orientation and Ethics	
COUN 6623	Lifestyle and Career Development	
COUN 6627	Conceptualizing Counseling Theory	
COUN 6630	Addictions Counseling	
COUN 6690	Foundations of Clinical Mental Health Counseling	
COUN 6691	Professional Issues in Clinical Mental Health Counseling	
COUN 6692	Continuum of Care	
COUN 6696	Pre-Practicum Counseling Techniques	

Adjunct Instructor, Bridgewater State University, Bridgewater MA

CNGC 500	Research and Evaluation	2018
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SCHOLARLY WORK

Publications

Muirhead, K., Hill, J., Minor, A., Nelson, A., Bhatia, R. (2025). *Diversity, equity, inclusion, belonging, accessibility, and social justice in counselor education*. Book chapter in A Comprehensive Guide for Counselor Educators: Training Students and New Educators for the Counselor Education and Supervision Field. <https://doi.org/10.1007/978-3-031-68358-9>

Hill, J., Testa, J., Baquet, S.N. and Muirhead, K.N. (2021). Promoting equity through career counseling: Utilizing a social justice leadership framework. *Career Development Quarterly*.

Hill, J., Baquet, S., & Muirhead, K.N. (2020). *Solution-focused group work for at-risk youth*. In T. Crosby Cooper (Ed.) *Implementing Culturally Responsive Practices in Education*. IGI Global

Muirhead, K., Baquet, S., Hill, J., Marasco, V., & Kleist, D. (in revision) *Counseling Self Efficacy Reexamined Through a Cross-Cultural Lens: An Interpretative Phenomenological Analysis*

Grants & Awards

<u>Women & Gender Mercy Interdisciplinary Faculty Collaborative</u> Salve Regina University	\$3,000 Awarded	Fall 2022 – Spring 2024
<u>Living the Mission Award</u> Salve Regina University	Nominated, not awarded	Spring 2022
<u>Antone Grant</u> Salve Regina University	\$3,000 Awarded	Fall 2021
<u>Rocky Mountain ACES Emerging Leaders</u> Association for Counselor Education and Supervision	\$550 Awarded	Fall 2018

Peer-Reviewed Presentations

Marasco, V.M., Baquet, S.N., & Muirhead, K.N. (2023, October). *Queering clinical supervision: Use of queer pedagogy to enhance supervision*. Accepted presentation for the Association for Counselor Education and Supervision 2023 Conference. Presented in person.

Minor, A.J., and Muirhead, K.N. (2022, November). *What we don't say, but should: Creating a more justice-centered syllabus*. Accepted presentation for the North Atlantic Counselor Education and Supervision Conference. In person.

Muirhead, K.N., Baquet S.N., Hill, J.A., & Marasco, V.M. (2022, February). *Culturally and socio politically informed recovery treatment for young adults in college*. Accepted presentation for the Strengthening the Heartland's 2021 Virtual Addiction Conference. Online Platform.

Hill, J.A., Marasco, V.M., Baquet, S.N., & Muirhead, K.N. (2021, October). *Promoting multiculturalism and social justice in group supervision*. Accepted presentation for the Association for Counselor Education and Supervision 2021 Conference. Presented in person.

Muirhead, K.N., Baquet S.N., Hill, J.A., & Marasco, V.M. (2021, February). *The intersections of addiction and incarceration: Culturally and politically informed interventions for substance use recovery*. Accepted presentation for the Strengthening the Heartland's 2021 Virtual Addiction Conference. Online Platform.

Muirhead, K.N. & Astramovich, R. (2019, October). *Improving academic writing among master's level counseling students.* Presented at the 2019 American for Counselor Education and Supervision Conference. Seattle, WA.

Muirhead, K.N. & Astramovich, R. (2018, October). *Writing instruction: Improving master's level academic writing.* Presented at the 2018 Rocky Mountain Region Association for Counselor Education and Supervision. Park City, UT.

Muirhead, K.N. & Moody, S.J. (2018, October). *Q methodology: Exploration of a mixed method in theory and praxis.* Presentation at the 2018 Rocky Mountain Region Association for Counselor Education and Supervision. Park City, UT.

Muirhead, K.N. (2018, September). *The pen and the sword: Scholarship and advocacy in the modern age.* Presented at the 2018 North Atlantic Region Association for Counselor Education and Supervision. Burlington, VT.

Muirhead, K.N. & Holloway, E. (2018, January). *Redemption in Shawshank? Advocacy and healing for previously incarcerated clients through spirituality.* Presented at the 2018 Idaho Counseling Association Conference, Boise ID.

Muirhead, K. N. & Daniels, N. (2018, January). *Writing right: Scholarship in the counseling profession.* Presented at the 2018 Idaho Counseling Association Conference, Boise ID.

Muirhead, K. N. (2017, October). *Incarceration: Helping counselor educators to increase student awareness with ex-offenders.* Presented at the Association for Counselor Education and Supervision Conference. Chicago, IL.

Muirhead, K. N. (2017, January). *Incarceration nation: Implications for counselors and their clients.* Presented at the Idaho Counseling Association Conference. Boise, ID.

Muirhead, K. N. & Elison, C. (2017, January). *Sexuality in religion and spirituality.* Presented at the Idaho Counseling Association Conference. Boise, ID.

SERVICE & LEADERSHIP

University Level Service and Leadership

Faculty Assembly Executive Committee
Committee Member

Salve Regina University

Fall 2022 – Present

- Attending regular FAEC meetings for committee planning and Faculty Assembly leadership
- Attending and assisting in running Faculty Assembly meetings
- Advocating and providing feedback to FAEC speaker and university administration in regards to faculty experiences and concerns

<u>Faculty Salary & Benefits Committee</u> Committee Member	Salve Regina University	Fall 2022 – Present
<ul style="list-style-type: none"> • Attending regular FSBC meetings for committee planning • Collecting and analyzing data to inform faculty and administration of university comparison data • Engaging with relevant available university data to make recommendations to administration • Collaborated with administration to advise changes to salary and benefits packages 		
<u>Institutional Review Board</u> Board Member	Salve Regina University	Spring 2020 – Present
<ul style="list-style-type: none"> • Ensuring rigorous, ethical, and safe conducting of research projects for the university • Collaborating with board members to review and revise research submitted research proposals • Assisting in the creation of board protocols for the proper training of researchers 		
<u>Faculty Development Workshops</u> Presenter	Salve Regina University	Spring 2024
<ul style="list-style-type: none"> • Co-presented an educational session entitled How to Help Your Students Who are Struggling with Mental Health Concerns to Salve Regina faculty and staff • Created required presentation material using best practices, evidence-based insights, and ethics • Engaged attendees in dialogue 		
<u>Search Committee, Psychology Faculty Search</u> Committee Member	Salve Regina University	Summer 2023 – Spring 2024
<ul style="list-style-type: none"> • Reviewed and rated materials submitted by candidates for Psychology Faculty position • Engaged in on-campus interviews with candidates invited for interviews • Collaborated with committee members and committee chair to discuss candidates' performance and engaged in relevant voting processes regarding job candidates 		
<u>Search Committee, Director of Counseling Services</u> Committee Member	Salve Regina University	Summer and Fall 2023
<ul style="list-style-type: none"> • Reviewed and rated materials submitted by candidates for Director of Counseling position • Engaged in remote and on-campus interviews with candidates invited for interviews • Collaborated with committee members and committee chair to discuss candidates' performance and engaged in relevant voting processes regarding job candidates 		
<u>Doctoral Dissertation Committee</u> Committee Member	Salve Regina University	Fall 2020 – Spring 2022
<ul style="list-style-type: none"> • Reviewed, revised, and approved doctoral student materials for proposal of research project • Attended regular committee meetings to discuss research dynamics and ensure rigorous research protocols • Mentored doctoral student in the design and analysis of interpretative phenomenological analysis (IPA) research 		
<u>Library Renovation Committee</u> Faculty Representative	Salve Regina University	Fall 2022

- Worked with architects, administration, and Trustees in the design and renovation of the McKillop Library
- Provided feedback to ensure accessible and effective use of library space on the first floor
- Engaged in regular committee meetings and collaborations
- Acted as liaison between FAEC committee and library renovation committee

Racial Diversity and Inclusion Committee

Salve Regina University

Fall 2020 – Spring 2021

Committee Co-Chair

- Assisted in the dissemination and data analysis of a university-wide survey addressing educational practices related to the experiences, issues, histories, and voices of people of color
- Collaborated with co-chairs and committee members to ensure accurate analysis and reporting of both qualitative and quantitative study results

Department Level Service and Leadership

Search Committee, Rehabilitation Counseling

Salve Regina University

Spring 2024 – Present

Committee Chair

- Creating and disseminating job candidate rating materials for search committee members
- Collaborating with administration and committee members to arrange and engage in online interviews
- Facilitating feedback and discussions among committee members
- Collaborating on the creation and editing of the job description

Clinical Counseling Program Assessment

Salve Regina University

Spring 2021 – Present

Evaluation Coordinator

- Coordinating data collection on student, faculty, and university performance measures for both profession and university accreditations
- Constructing and disseminating annual data report to students, department faculty, and university administration to help inform program improvements
- Collaborating with university administration to streamline data collection protocols
- Utilizing data to construct portions of the program's accreditation self-study

CACREP Accreditation Committee

Salve Regina University

Fall 2019 – Present

Committee Member

- Leading the creation of the evaluation portion of the CACREP Accreditation self-study
- Evaluating and advising on department self-study and providing feedback regarding the contents for accreditation
- Collaborating with department faculty to ensure cohesive and effective self-study narrative creation

Search Committee, Rehabilitation Counseling

Salve Regina University

Fall and Spring 2023

Committee Member

- Reviewed and rated materials submitted by candidates for Tenure Track Rehabilitation Counseling faculty position
- Engaged in remote and on-campus interviews with candidates invited for interviews

- Collaborated with committee members and committee chair to discuss candidates' performance and engaged in relevant voting processes regarding job candidates

Profession Level Service

NARACES Executive Board

Spring 2020 – Present

Advocacy Committee Co-Chair – North Atlantic Association for Counselor Education & Supervision

- Created and engaged in initiatives related to advocacy and social justice for counselor educators and supervisors in the North Atlantic region
- Collaborated with board members to create wellness spaces for Black and Indigenous counselor educators
- Assisted in special projects such as creating the NARACES logo
- Assisted in planning and running of the 2020 NARACES Year of Learning

Doctoral Dissertation Committee

Spring 2023 – Spring 2024

Committee Member – Rutgers University

- Reviewed, revised, and approved doctoral student materials for proposal of research project
- Attended regular committee meetings to discuss research dynamics and ensure rigorous research protocols

RMACES Emerging Leaders Program

Fall 2018 – Fall 2020

Emerging Leader – Rocky Mountain Association for Counselor Education & Supervision

- Engaging in key leadership opportunities in the Rocky Mountain region and networking
- Participating in volunteer service for the 2018 RMACES conference
- Attending all workshops and leadership activities across a two-year term

Editorial Board Fellowship Program

Summer 2018 – Summer 2019

Editorial Board Fellow – Association for Counselor Education & Supervision (ACES)

- Reviewing and editing manuscripts submitted to the Counselor Education and Supervision journal
- Engaging in mentorship sessions with fellows and mentors regarding effective editing and methodology
- Attending all trainings and meetings regarding editorial fellowship position

CACREP Review & Accreditation

Summer 2019 – Summer 2019

CACREP Reviewer – Council for the Accreditation of Counseling & Related Educational Programs

- Maintaining a thorough working knowledge of CACREP standards across all program tracks
- Reviewing self-studies for programs seeking CACREP accreditation
- Providing recommendations to CACREP regarding self-studies and eligibility for accreditation

IACES Executive Board

Fall 2017 – Spring 2019

Media & Advocacy Coordinator – Idaho Association for Counselor Education & Supervision (IACES)

- Creating and disseminating monthly newsletter addressing prevalent topics for educators and supervisors
- Promoting advocacy efforts to educators and supervisors on a state, regional, and national level
- Presenting workshops for educators and supervisors and designed organization's marketing materials

- Collaborating with board members on organization projects

Continuing Education Workshops

Spring 2018 – Spring 2019

Workshop Creator and Facilitator – Idaho State University and IACES

- Created workshops for both master's level students and professional counselors in relevant practice areas such as effective academic writing, advanced supervision practices, and ethical dynamics related to consultation
- Created, disseminated, and analyzed measures for collecting data on workshop effectiveness
- Constructed workshops to be in alignment with evidence-based practices and offered continuing education credits for workshops related to supervision, ethics, and consultation
- Collaborated with other workshop facilitators in the creation and presentation of materials

Pocatello Counseling Clinic Management

Fall 2016 – Spring 2018

Marketing Director & Manager – Idaho State University

- Created outreach and advocacy materials for health care providers and organizations in the community
- Managed the day-to-day functioning of the clinic, ensuring safe and ethical care for clients
- Provided consultation and supervision for students working in the clinic
- Organized and supervised community events for rural and low-income community members

Promotion and Tenure Committee

Fall 2017

Committee Member – Idaho State University

- Served on promotion and tenure committee for faculty member at Idaho State University
- Reviewed relevant documentation and self study from faculty and made recommendation regarding faculty member's tenure and promotion in the department

Paraprofessional Addictions Modules

Fall 2017

Author – Idaho State University

- Created materials for addictions modules being disseminated to paraprofessionals who work with individuals struggling with addictions
- Coordinated with administrators organizing modules to ensure modules met the needs of the community and best practices in the helping professions

Professional Memberships

American Counseling Association (ACA)	Member since 2016
Association for Counselor Education and Supervision (ACES)	Member since 2016
International Association of Addictions & Offender Counselors (IAAOC)	Member since 2016
Association for Spiritual, Ethical, & Religious Values in Counseling (ASERVIC)	Member since 2016
American Mental Health Counselors Association (AMHCA)	Member since 2018
Association for Assessment and Research in Counseling (AARC)	Member since 2019
Association for Specialists in Group Work (ASGW)	Member since 2019

CLINICAL EXPERIENCE

<u>Embodied Living Counseling LLC</u> Licensed Mental Health Counselor	Narragansett, Rhode Island	May 2024 – Present
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Narragansett, Rhode Island May 2024 – Present

May 2024 – Present

- Maintain a caseload of clients seeking individual mental health counseling
- Conduct and complete intakes, assessments, and other relevant forms of clinical documentation
- Maintain clinical competence through regular trainings and continuing education

<u>Gateway Counseling</u>	Pocatello, Idaho	February 2018 – May 2019
Substance Use Disorder Counselor		

Pocatello, Idaho February 2018 – May 2019

February 2018 – May 2019

- Maintained a caseload of 10 to 20 clients seeking individual substance abuse, mental health, or dual diagnosis outpatient counseling
- Collaborated with probation/parole and other court authorities to ensure holistic care
- Conducted intakes, mental health, and substance abuse evaluations

High Point Treatment Center Plymouth, Massachusetts January 2015 – August 2016
Substance Use Disorder and Mental Health Counselor

Plymouth, Massachusetts January 2015 – August 2016

January 2015 – August 2016

- Maintained a caseload of adults seeking individual substance abuse, mental health, or dual diagnosis outpatient counseling
- Conducted intake procedures and completed mental health and substance abuse evaluations
- Facilitated intensive outpatient groups and coordinated with probation and parole to ensure holistic care

<u>Charles River Center and ARC of South Norfolk</u> Respite Care and Skills Management Personnel	Foxborough, Massachusetts	Fall 2008 – Summer 2017
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Foxborough, Massachusetts Fall 2008 – Summer 2017

Fall 2008 – Summer 2017

- Engaged in behavior modification and skills acquisition with individuals who are on the Autism spectrum, both individually and in groups
- Ensured the safety and well-being of clients with behavioral and developmental delays

Foxborough Public Schools Foxborough, Massachusetts August 2013 – January 2014
Behavioral Specialist

Foxborough, Massachusetts August 2013 – January 2014

August 2013 – January 2014

- Provided individual and group assistance for elementary school children with developmental and behavioral delays in and out of the classroom
- Integrated IEP's and coordinated with other profession

<u>United States Federal Probation & Parole</u>	Brooklyn, New York	May 2011 – September 2011
Forensic Case Manager		

Brooklyn, New York May 2011 – September 2011

May 2011 – September 2011

- Maintained caseload of previously incarcerated individuals and assist in reintegrating into civilian life
- Co-facilitated groups in subjects such as employment, transportation, acquiring identification, etc.

CONTINUING EDUCATION

Credit-Bearing Continuing Education

<u>Association for Counselor Education and Supervision Conference</u>	19 CE Credits	October 2023
<ul style="list-style-type: none"> • A Developmental Model for Ethics Training in Counselor Education (1CE) • Ableism in Counselor Education and Supervision: Addressing Barriers & Responsive Practices (1 CE) • Active Teaching and Learning Strategies for Ethics (1 CE) • Advancing Motivational Interviewing Training and Supervision: Research & Theoretical Updates (1 CE) • Connecting the Dots: How to Develop a Comprehensive Program Evaluation Plan that meets CACREP Standards (1 CE) • Counselor Educators and Neuroscience-Informed Pedagogy (1 CE) • Decolonizing Counseling: Toward Embodying Anti-Oppressive and Liberatory Practices (1 CE) • Decolonizing Counselor Education Programs: Social Justice and Advocacy in Academia (1 CE) • Developing a Counselor Education Training Clinic in your Counselor Education Program (1 CE) • Heuristic Inquiry: A Holistic Approach to Qualitative Research (1 CE) • Including Sizeism as a Cultural Consideration in Counseling Curriculum (1 CE) • Integrating Dispositional Evaluations into Admissions Interviews and Early Coursework in Graduate Courses (1 CE) • New Episode: Using Podcasts in the Counseling Classroom (1 CE) • Opening Keynote: Beyond 20/20: Refocusing Our Vision to Optimize the Counseling Profession (1 CE) • Regulatory Board Policy and Supervision: Using Action Research to Inform Policy & Create Solutions (1 CE) • Reinventing the Wheel: What is Different in Substance Abuse Counseling Today? (1 CE) • SAIGE-Affirming Counseling: Developing Training Protocols Through Action Research (1 CE) • Uniquely Engaging Ways to Teach Law and Ethics in Counseling! (1 CE) • What Counselor Educators and Supervisors Need to Know About Gender Affirming Treatment (1 CE) 		
<u>Strengthening the Heartland Addiction and Diversity Conference</u>	2 CE Credits	February 2022
<ul style="list-style-type: none"> • The Use of Self-Forgiveness to Reduce Self-Stigma in Individuals with SUD's (1 CE) • Expressive Gestalt Therapy for Culturally Responsive Addictions Treatment (1 CE) 		
<u>Association for Counselor Education and Supervision Conference</u>	7 CE Credits	October 2021
<ul style="list-style-type: none"> • Effectively Addressing Substance Use Disorders & Process Addictions in CES (1 CE) • Expanding Classroom Borders: Strategies for Creating & Implementing Master's Level Addiction Programs (1 CE) • Facilitating Multicultural and Social Justice Counseling Competency Through Cross-Cultural Distance Learning (1 CE) • From Good to Great: The Journey from Advocacy to Allyship (1 CE) • Teaching Grief and Loss Across the CACREP Curriculum (1 CE) • Lucky Seven: APA 7th Edition Updates and Tips for Writing Success (1 CE) • Rev Up Research Identity in Masters Students: Practical Knowledge for Developing Scientist-Practitioners (1 CE) 		

<u>Center for Change Synchronous Webinar</u>	1 CE Credit	September 2021
<ul style="list-style-type: none"> Understanding Polycystic Ovary Syndrome (PCOS) and Eating Disorder Risk (1 CE) 		
<u>Strengthening the Heartland Addiction Conference</u>	4.5 CE Credits	February 2021
<ul style="list-style-type: none"> Intersection of Diversity and Addictions Presentations (4.5 CEs) 		
<u>North Atlantic Region of the Association for Counselor Education and Supervision (NARACES) Year of Learning Presentation</u>	1 CE Credit	February 2021
<ul style="list-style-type: none"> A Person-Centered Approach to Facilitate Counseling Students' Social Justice Advocacy 		
<u>North Atlantic Region of the Association for Counselor Education and Supervision (NARACES) Year of Learning Presentation</u>	1 CE Credit	November 2020
<ul style="list-style-type: none"> Beyond Accessibility: Disability Equity in Counselor Education 		

Non-Credit-Bearing Continuing Education

<u>Faculty Development Workshops</u>	1 Hour	May 2024
<ul style="list-style-type: none"> Fostering Student Engagement Through Meaningful Faculty-Student Affairs Partnerships 		
<u>OHO Interactive Information Session</u>	1 Hour	April 2024
<ul style="list-style-type: none"> Faculty Website Information Session 		
<u>Sage Publishing Webinar</u>	1 Hour	June 2022
<ul style="list-style-type: none"> Pride 2022: Expressions of LGBTQIA+ Joy; Celebrating Self, Community, Media, & Art 		
<u>Sage Publishing Webinar</u>	1 Hour	April 2021
<ul style="list-style-type: none"> How to Decolonize and Decisnormatize Curricula 		
<u>McKillop Library Faculty Lecture Series</u>	1.5 Hours	March 2021
<ul style="list-style-type: none"> Pretty Like Us? Cross-Cultural Perspectives on Body Image 		
<u>Salve Regina Multicultural Education Week</u>	1 Hour	February 2021
<ul style="list-style-type: none"> Multicultural Education Week Opening Speaker 		
<u>North Atlantic Region of the Association for Counselor Education and Supervision Year of Learning Presentation</u>	1 Hour	January 2021
<ul style="list-style-type: none"> Research Mentoring for the Next Generation 		
<u>North Atlantic Region of the Association for Counselor Education and Supervision Year of Learning Presentation</u>	1 Hour	December 2020
<ul style="list-style-type: none"> Decolonizing Your Syllabus: A Counselor Educator Workshop 		