

**Jean Ann Helger, DNP, APRN
PMHNP-BC, FNP-C**

Experience

Certified Nurse Practitioner

September 2019 – Present

Community Counseling of Bristol County

Adult Outpatient Clinic

Taunton, MA

- Complete psychiatric evaluations
- Provide medication management including MOUD services
- Case Consultation and Treatment Planning

Associate Professor of Nursing

September 2022-Present

Salve Regina University

Newport, RI

- Provide education services in the Master's of Nursing, Family Nurse Practitioner program
- Develop and facilitate the Master's of Nursing, Psychiatric Mental Health Nurse Practitioner Program

Psychiatric Clinical Coordinator

July 2018 -August 2019

Community Counseling of Bristol County

Behavioral Health Community Partner (BHCP)

Taunton, MA

- Provide clinical consultation to care coordinators and providers
- Provide education including health literacy and wellness coaching to care coordinators and members.
- Participate in data collection of outcomes, policy development and contractual obligations.

Psychiatric Nurse

June 2014 – June 2018

Community Counseling of Bristol County

Program of Assertive Community Treatment Team (PACT)

Taunton, MA

- Medication administration and case management for adults with chronic psychiatric illness living in the community.

- Liaison to psychiatrist and multi-disciplinary team
- Supervisor of nursing staff, medical records and inventory.

Medical- Surgical Staff Nurse

June 2005 – December 2017

Miriam Hospital

Providence, RI

- Direct patient care and medication administration
- Collaboration with multi-disciplinary health care team
- Patient care planning and evaluation of outcomes

Home-Care Nurse

May 2013 – May 2017

Visiting Nurse Services of Newport and Bristol County

Portsmouth, RI

2013 to 2017

- Conduct initial nursing assessments and evaluations.
- Develop patient care plans and assess response to interventions.
- Proficient in Oasis Documentation.

Lead Wellness Education Nurse

Medication Administration Program Consultant

July 2010 – December 2015

Community Counseling of Bristol County

Community Based Flexible Support Program

Taunton, MA

- Provide wellness education to adults with psychiatric illness through individual outreach and group settings.
- Provide mental health educational workshops to staff.
- Consult with physicians and direct care staff on medication administration program guidelines.

Lead Psychiatric Nurse

June 2007 – January 2009

Community Counseling of Bristol County

Brockton PACT Team

Brockton, MA

6/2007 to 1/2009

- Medication administration and case management for adults with chronic psychiatric illness living in the community.
- Liaison to psychiatrist and multi-disciplinary team

- Supervisor of nursing staff, medical records and inventory

Education

Norwich University

Norwich, Vermont

PMHNP-Post Master's Certificate

Salve Regina University

Newport, RI

Master's Science in Nursing

Doctor of Nursing Practice

University of Rhode Island

Kingston, RI

Bachelor's degree of Science Nursing

Community College of Rhode Island

Warwick, RI

Associate degree of Science-Nursing

Credentials

- Certified Family Nurse Practitioner, Commonwealth of Massachusetts #278223
- American Academy of Nurse Practitioners National Certification #F07190834
- American Nurses Credentialing Center -PMHNP Certification #2023102717
- Registered Nurse, State of Rhode Island #42672
- Health Care Provider CPR certified
- Nonviolent Crisis Intervention

Membership

Sigma Theta Tau International Honor Society of Nursing-Delta Upsilon at-Large Chapter