



Human Resources News

HR Updates, Initiatives, and Related Resources

Tuition Exchange Program: Salve Regina University is a member of the Tuition Exchange Program (TEP), a non-profit organization which provides a method of allowing qualified dependents of full-time faculty and staff members (with at least three years of full-time service with the University) to apply for scholarships at other TEP colleges and universities. If you have a dependent child eligible for college in the Fall 2026, will have at least three years of full-time service at Salve, and are interested in this program, please complete a [preliminary TEP application](#) form and return it to Human Resources **by October 1, 2025**. Please note that dependents currently in the program and receiving a scholarship do not need to complete a renewal application. Employees may access the list of participating schools by logging onto www.tuitionexchange.org. Please contact either [Claudia Cavallaro](#) or [Caitlin Ferreira](#) with questions on the program.

TIAA: Kwasi Adutwum, Salve's TIAA representative, is scheduled to be on campus for individual counseling appointments on **October 6, 2025**. Employees can sign up for an appointment at www.tiaa.org/schedulenow

Performance Evaluations: Throughout the month of August, supervisors should have met with each team member to review their evaluations, reflecting on the past year's accomplishments, and setting goals and development plans for the year ahead. Completed and signed performance evaluation forms were due to the Office of Human Resources by August 31. If you have not already done so, please submit completed and signed performance evaluation forms either by email (humanresources@salve.edu) or through interoffice mail.

Employee Health Hub: Visit [pgs. 4-7](#) to view and register for upcoming health and wellness programs and activities. Join us on this path to well-being!

New Hire Supervisor Notification Process Update: Beginning September 1, the Supervisor notification section of new hire onboarding packets will include a link to schedule a meeting with the Office of Information Technology to obtain a work laptop, login credentials, employee ID, etc. As a reminder, this section also includes the date and time of the employee's scheduled benefits meeting with the Office of Human Resources, if applicable.

Chronicle Festival - Innovation Amid Uncertainty: September 16-18, The Chronicle is hosting a live virtual event focused on pivotal information effecting higher-ed. Enrollment challenges, political scrutiny, artificial intelligence, and cost pressures are driving change-and creating space for innovation. This year's Chronicle Festival will convene higher-ed leaders and thinkers to explore how institutions are adapting with fresh ideas, bold leadership, and renewed purpose. To register, click [HERE](#) or visit [page 3 - Learning and Development Opportunities](#) section for more information.



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Welcome New Hires!



Jaclyn Boichat
Lecturer,
Department of
Business and Economics



Candace Perry
Artist in Residence,
Department of Dance



Crosby Modrowski
Assistant Professor,
Department of
Psychology



Claire Koen
Visiting Assistant
Professor,
Department of Religious
& Theological Studies



Clifford Pickett
Assistant Professor,
Department of
Biology & Biomedical
Sciences



Peter Hazlett
Assistant Professor,
Department of Business
and Economics



Megan Crowley-Watson
Lecturer,
Department of English
and Communications



Michael Bahry
Visiting Lecturer,
Department of Religious
& Theological Studies



Robert Reilly
Lecturer,
Department of
Business and Economics

Welcome New Hires!



Brandon Barnowski
Athletic Trainer,
Athletics Office



Grace Pelletier
Athletic Trainer,
Athletics Office



Zachary Clesas
Assistant Coach, Baseball,
Athletics Office



Sean Dever
Annual Giving and Alumni
Engagement Associate,
University Advancement Office



Margeaux Sippell
Assistant Director of
Admissions/Communication
& CRM Specialist,
Admissions Office



Anthony Tran
Public Safety
Office/EMT,
Public Safety Office

Learning and Development Opportunities

MOST POPULAR & *New Releases*

LinkedIn Learning provides learners with access to newly released and most popular courses, available through the links below or directly on your LinkedIn Learning home page under “this week’s top courses” and “new releases”.

Below we have included a sample of the new and most popular courses:

- [Leading with Emotional Intelligence](#)
- [Be the Transformative Leader Your Organization Needs Now](#)
- [How to Manage Feeling Overwhelmed](#)
- [Decision Science Fundamentals](#)
- [Overcome Communication Challenges: Adapt Your Style for Success](#)
- [What is Copilot? An Overview of Microsoft's AI Tools](#)

THE CHRONICLE OF HIGHER EDUCATION

Join members of The Chronicle, national experts and leading practitioners on how to chart a course forward in Higher-ed by participating or watching live and/or virtual webinars offered by the Chronicle.

Live virtual and on-demand webinars related to leadership, teaching and learning, finance and operations, and DEI can be accessed [HERE](#).



In addition to pre-assigned training, employees can access Higher-ed specific training through United Educators. A list of trainings can be viewed [HERE](#).

To access training content, [login to UE](#). Once logged into the main page, navigate to the “User Menu” ≡ at the top left of the page. Select “Course Catalog” followed by “Higher Ed Courses”.

Employee Health Hub !

Wellness encompasses several key pillars that are interconnected and contribute to overall wellness.

The pillars are: **physical, intellectual, mental, emotional, social, spiritual and financial.**

Taking care of each aspect helps create a balanced and fulfilling life!

Check out the wellness activities related to these pillars right here in the Employee Health Hub.



An
Introduction
to Suicide
Prevention



afsp.org/talksaveslives

Lunch & Learn for Faculty and Staff

Talk Saves Lives: An Introduction to Suicide Prevention

Thursday, September 25

12:30pm – 1:30pm in the Ochre Ct. Library

 **REGISTER NOW**

Talk Saves Lives: An Introduction to Suicide Prevention covers the scope of this leading cause of death, what the research has found to be the warning signs and risk factors of suicide, and the strategies that prevent it. The presentation includes strategies and examples for how to have a conversation about suicide.

- **Scope of the Problem:** The latest data on suicide in the U.S.
- **Research:** Information from research on what causes people to consider suicide, how certain communities are impacted by suicide differently, as well as contributors to suicide risk
- **Prevention:** An understanding of the protective factors that lower suicide risk, and strategies for managing mental health and being proactive about self-care
- **What You Can Do:** Guidance on warning signs and behaviors to look for, how to start a conversation with someone you are concerned about, and ways to seek and offer support and crisis resources for yourself or others.
- **College Students:** Risks and Warning Signs



Fitness Classes for Faculty and Staff

Yoga with Michael Dotolo

Dates and time TBA - Classes will start in October and will take place in Antone 126.

One of Salve's very own employee's, Michael Dotolo, is a certified yoga teacher with deep experience in traditional Hatha yoga. His classes focus on breath, alignment, and mindfulness—perfect for anyone looking to slow down, stretch, and reset. Michael is trained at world-renowned institutions, including the BKS Iyengar Institute in Amsterdam and The Yoga Institute in Mumbai. After years of study and practice in India and Nepal, Michael brings a grounded, thoughtful approach to yoga that's accessible for all levels.

Class waivers will be available in the October newsletter and on our HR Campus portal.

WELL WITHIN REACH

Podcast Corner



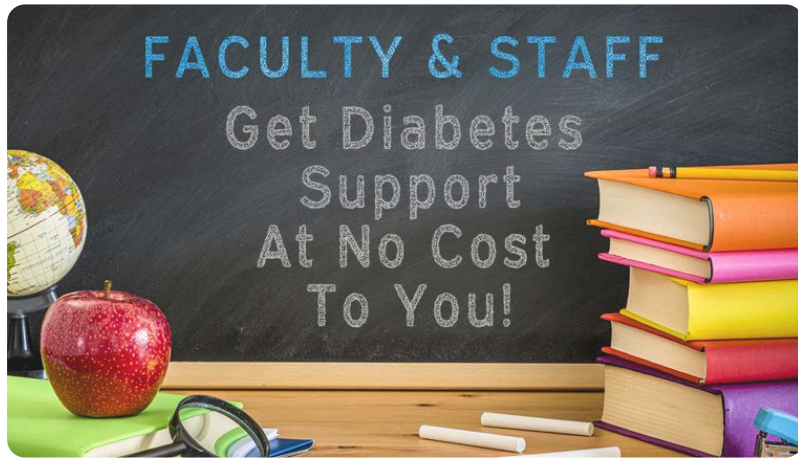
[Hope Starts With Us: Back to School Tips for Parents and Caregivers](#)

Featuring Dr. Christine Crawford and guest host Barb Solish

Going back to school can be tough for kids – and their parents. In this episode, Barb Solish, from NAMI's Office of Innovation, guest hosts for a conversation with child and adolescent psychiatrist Dr. Christine Crawford. Hear from Dr. Crawford about what parents are worried about, how to address screen time for children, and modeling behavior at home. Plus, hear about what mental health warning signs parents can watch for and when to escalate concerns.

You can find additional episodes of this NAMI podcast and others at nami.org/podcast.

Employee Health Hub !



edHEALTH



Enroll in the Good Health Gateway Diabetes Program today to get support and \$0 copays on your covered testing supplies, insulin, and diabetes medications.

If you are living with any type of diabetes, here's how you can be prepared to successfully manage your diabetes during the school year:

1. Have a Diabetes Management Plan.

Enroll in the Good Health Gateway® Diabetes Care Rewards Program and get free, unlimited access to certified diabetes educators in a judgment-free space. Together, you will create a comprehensive, personalized plan to manage your condition and help you meet your health goals.

2. Regularly test your blood glucose to track your levels.

Consistent monitoring of blood sugar levels is essential for effective management. Get your testing supplies for free when you participate in the Diabetes Program.

3. Manage insulin.

Ensure proper storage, dosage, and administration, including having backup supplies. Get your insulin for free when you participate in the Diabetes Program.

4. Manage low blood sugar.

Prepare a "low box" with fast-acting carbohydrates like juice, glucose tablets, or snacks.

5. Be aware of symptoms of high blood sugar.

Have a plan to address it, potentially with insulin or other medications. Get your diabetes medications for free when you participate in the Diabetes Program.

The Diabetes Program is a benefit offered to health plan members of your school health insurance provider living with any type of diabetes. Participation is voluntary and confidential.



To enroll in the Diabetes Program, scan the QR code, go online, or call.

800.643.8028

edHealth.GoodHealthGateway.com

Get the
Diabetes
Program App



App Store®



Google Play

Employee Health Hub !



 **Citizens®**

PELL BRIDGE RUN

Sunday, October 19
at 7:15am

[Register Here](#)

Starting in Jamestown and finishing in downtown Newport, this point-to-point event is open to runners and walkers of all ages and speeds! The 4-mile road race, and walk, is the only day of the year pedestrians are permitted to cross the famous Newport Pell Bridge. 100% of net proceeds from this event will go to support local nonprofit organizations through the Rhode Island Turnpike and Bridge Foundation. Gather your friends and family for a day of fun, fitness and stunning views!

Be sure to check out [the website](#) for additional information regarding registration, course details, shuttle info and more!



ATTENTION FACULTY AND STAFF:

We're thrilled to announce that Salve Regina is a sponsor of the 2025 Citizens Pell Bridge Run!

As part of this exciting partnership, we're offering employees and their family members a special discount to sign up for the event.

Here's How it Works:

- **Exclusive Discount:** Employees & students can receive a 10% discount on their registration fee for the road race.
- **Chance to Win a Refund:** Six lucky participants* will be randomly selected to have their registration fees refunded. The date of the raffle is TBD. Employees will get a separate email announcing that date.

How to Take Advantage:

- **If You've Already Signed Up:** No worries! Simply email Caitlin Ferreira at caitlin.ferreira@salve.edu with your name and let her know if any additional family members have also signed up. You'll still be eligible for the discount and the chance to win a refund.
- **If You Haven't Signed Up Yet:** Scan the QR code or enter code **Salve10** to receive your special discount. Email Caitlin Ferreira, caitlin.ferreira@salve.edu, with your name and let her know if any additional family members have also signed up. *Online registration ends October 15!*



We hope you're as excited as we are about this opportunity. Don't miss out on the chance to be a part of this event and potentially have your registration fee refunded! If you have an interest in meeting up with colleagues on race day, please email caitlin.ferreira@salve.edu.

Salve employees will have the ability to log 200 pts in the Harvard Pilgrim Living Well Portal on the day of or after the event takes place. Employee's family members and Salve students can sign up with the discount but will not be eligible to enter the raffle for a refund.

Employee Health Hub !

Health and Wellness activities offered by our trusted vendors!



Harvard Pilgrim
HealthCare

Free Webinar Series!

Whether you are looking to shake it up, stretch it out, or get centered, we've got you covered with Zumba®, yoga, guided mindfulness, wellness sessions, which are now available to everyone through the [Living Well at Home](#) programs. All classes are at no cost to you and easy to access via Zoom.

Click the links below to explore each webinar's details and join in!

[Wellness Wednesdays | 1:00—1:30pm](#)

- **Sept 3:** From Jar to Table: Easy Recipes with Your Preserved Produce
- **Sept 10:** Micro Habits: Boosting Brainpower
- **Sept 17:** Elevate your Taco Tuesday for Hispanic Heritage Month with Delicious, Nutritious, and Balanced Cuisine!
- **Sept 24:** Art and Science of Awareness with Jeffrey Proulx
-



[Fitness Thursdays | 1:00—1:30pm](#)

Please note that there will be no at-home virtual fitness classes scheduled from 1:00 to 1:30 pm during the month of September. However, we encourage you to explore the variety of other engaging and energizing classes available throughout the month on Thursday's. Click the link above to check them out!

Access past well-being webinars any time by visiting the [Living Well YouTube Channel](#).



Life & Work Resources

Each month, Health Advocate highlights a new wellness topic and provides additional resources, including webinars, for your benefit! Go to [Health Advocate](#) and navigate to the **Welcome** banner. Select "Quick Start" and then "Search all life & work resources." Once in the site, you will be able to access the monthly webinar below!

Monthly On-Demand Webinar

[Finding Harmony: Being a Parent and a Professional](#)

There is perhaps no more delicate balance than being a parent and a working professional. So many of us struggle with how to divide our time, energy and attention. This seminar will discuss the realities of the modern working landscape for parents and how to approach balance in a new, more successful way. We'll review strategies for time and household management. And we'll discuss how to find the most elusive thing of all: quality time just for yourself.



[September: Beat the back-to-school blues](#)



The end of summer often brings a shift in routines, energy, and focus—whether or not you're heading back to school. It's common to feel a little off as schedules ramp up, but with small changes like easing into structure, checking in on your goals, and leaning on your support system, this season can become a chance to reset, recharge, and start fresh. And with Self-Awareness Month here, it's the perfect time to reflect on how you're feeling, what you need, and how to support your own well-being through the transition.

TIAA Live Webinars

Virtual & in-person counseling appointments are available to current employees. Kwasi Adutwum, Salve's TIAA representative, is scheduled to be on campus for individual counseling appointments on October 6, 2025. To schedule an appointment, [click here](#) or scan the QR code.

All Salve employees are invited to attend webinars offered through [TIAA's virtual environment](#). Explore TIAA's Webinar Lounge featuring monthly webinars, both pre-recorded and live! These informative, interactive workshops will give you strategies and tactics to help you achieve your financial and retirement goals.

TIAA webinars and virtual 1-on-1 meetings can be logged as 200 points on the [Harvard Pilgrim Living Well portal](#).



Questions? Please contact Caitlin Ferreira at caitlin.ferreira@salve.edu or ext. 2165



Pittsburgh Cookie Table

The Center for Spiritual Life and The
Center for Community Engagement
and Service
invite you to enjoy a



Pittsburgh Cookie Table



Wednesday
Sept. 17
1pm-3pm
Mercy Commons
All are Welcome!!

Open Safe Zone Training

September 18th at 2 PM Open Safe Zone Training For Faculty and Staff

~2-3 hour Safe Zone Certification

Strict curriculum including discussion and activities on advocacy- ending with a certification that identifies participants as safe people for LGBTQ+ individuals to seek support from.

RSVP on Seahawk
Connections



email salvepride@salve.edu
with any questions



Library Events



Mercy Reading Club

Thursday, September 25, 4-5:30pm |
McKillop 219

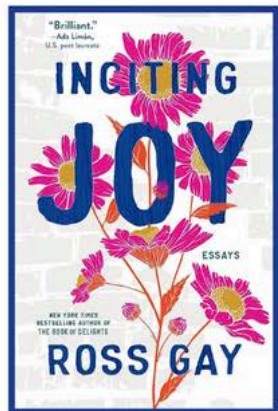


McKILLOP LIBRARY

Faculty Lecture Series

Thursday, September 18, 4:00pm | McKillop
Library, First Floor

Inciting Joy



*What might be
possible if we turn
our attention to
what brings us
together, to what we
love?*

The Trinity and Time Travel



**Troy
Catterson,
Ph.D.**

Associate Professor,
Philosophy
Graduate Program Director,
Humanities

Mercy Week 2025

The Longest Table

THE LONGEST TABLE



Salve - Sept. 24 12pm-1pm

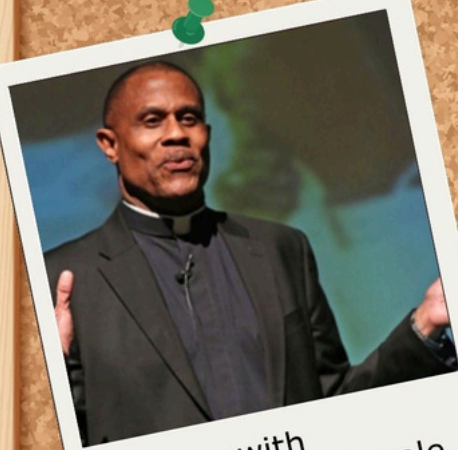
In honor of Mercy Week
join us for a community
meal on
Ochre Court drive.
All are Welcome!!

*In case of inclement weather, meal
will be held inside Ochre Court*



Mercy Week Keynote

Mark Your Calendars
for our Mercy Week Keynote!



with
Fr. Bryan Massingale



MCAULEY INSTITUTE FOR
MERCY EDUCATION

Join us for our
Mercy Week Keynote
**"Racial Justice and the
Call of Mercy"**
4:00pm-5:30pm
Bazarsky Lecture Hall
All are welcome!



Join ICDP

Salve Regina invite you to join 2025-26's Intercultural Competency Development Program

Three years ago, Salve Regina created the Intercultural Competency Development Program (ICDP) with an inaugural cohort of 72 members consisting of faculty, staff and students. Last academic year we had an excellent cohort of 65 members.

This year, the ICDP is looking for a new cohort to join cross-cultural discussions and learn from one another in a warm and engaging atmosphere. We are looking to recruit cohorts with up to 20 faculty, 30 staff and 30 students to be enrolled. For the past three years we had an average cohort membership of around 68 members committed to improving the culture at Salve by being the inaugural cohort of the ICDP.

The cohort members took Intercultural Development Inventory (IDI), pre and post assessments. The evaluation gave a set of orientations toward cultural diversity and commonality, as well as a description of an individual's IDI mindset.

The instrument provides both descriptive and prescriptive information on how individuals and groups experience cultural difference and provide opportunities growth.

Throughout the year, ICDP offered intentional programming that included group and individual IDI debriefs with cohort members. In addition, the program offered professional development opportunities, brown bag lunch discussions, a student retreat focused on intercultural development, Multicultural Education Week, Dr. Martin Luther King, Jr. Week, and concluded with a well-received diversity summit.

Participants who successfully complete the program will receive a certificate of completion from the president at the conclusion of the program during the annual Mercy Summit.

For questions or if a faculty, staff, or student wishes to join this year's ICDP cohort, please contact Sami Nassim at sami.nassim@salve.edu. New participants will be **starting the ICDP programming mid-September**, so please contact Sami Nassim as soon as possible.

Rhode Island Bloodmobile and Confetti Foundation

RHODE ISLAND BLOODMOBILE

**Friday, September 26
from 9AM-3PM**

Walk-ins Welcome!
...OR
book a time for today here



Sponsor Code 0199



*Bloodmobile will be located on
corner of Leroy/Ochre Point Ave*

CONFETTI FOUNDATION

**Wednesday, October 1
from 10AM-2PM**

Shifts held at start of each hour
in the Mercy Commons:

10-11am
11am-12noon
12noon-1pm
1pm-2pm



Register Today to create
birthday banners!



SALVE REGINA
UNIVERSITY

CENTER FOR COMMUNITY ENGAGEMENT AND SERVICE

| MERCY COMMONS | 401-341-2440 | COMMUNITY.SERVICES@SALVE.EDU

[FACEBOOK.COM/SALVECOMMUNITYSERVICE](https://facebook.com/salvecommunityservice) INSTAGRAM: @SALVESERVICE

Admissions Fall Open House

Save the Date!

Admissions Fall Open House

**Sunday,
October 19, 2025
11am-3pm**

A chance for prospective students and their families to connect with our extraordinary campus community through presentations, information sessions, conversations with current students, faculty, and staff, and to explore future opportunities for involvement, guided campus tours, and more!

Hosted by the Office of Admissions



SALVE REGINA
UNIVERSITY

[Home](#)

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Important Dates

September 2025

Office of Human Resources
Stonor Hall
Salve Regina University
100 Ochre Point Avenue,
Newport RI 02840

For any questions, please contact
Sarah Trefethen
Phone: 401-341-2137
Email: sarah.trefethen@salve.edu



- September 3 (Wednesday 11am) **Convocation**, O'Hare Academic Building, Lawn
- September 4 (Thursday) **Fall Classes Begin**
- September 17 (Wednesday 1 - 3pm) **Pittsburgh Cookie Table**, Mercy Commons
- September 18 (Thursday 2pm) **Open Safe Zone Training**, Gerety Hall
- September 18 (Thursday 4- 5:30pm) **Faculty Lecture Series: The Trinity and Time with Dr. Troy Catterson**, McKillop Library
- September 24 (Wednesday 12 - 1pm) **The Longest Table**, Ochre Court Drive
- September 25 (Thursday 4 - 5:30pm) **IRC for Mercy Week: Inciting Joy by Ross Gay**, McKillop Library, room 219
- September 25 (Thursday 12:30 - 1:30pm) **Lunch and Learn for Faculty and Staff - Talk Saves Lives: An Introduction to Suicide Prevention**, Ochre Court Library
- September 26 (Friday 9am - 3pm) **Rhode Island Bloodmobile**, Corner of Leroy/Ochre Point Ave
- September 30 (Tuesday 4 - 5:30pm) **Mercy Week Keynote**, Bazarsky Lecture Hall
- October 1 (Wednesday 10am - 2pm) **Confetti Foundation**, Mercy Commons
- October 13 (Monday) **Indigenous Peoples Day**, University offices are closed
- October 16 (Thursday 7 - 8pm) **Noreen Stonor Drexel Cultural and Historic Preservation Keynote**, DiStefano Lecture Hall, Antone Academic Center, DiStefano Lobby
- October 17 - 19 (Friday - Sunday) **Fall Festival/Homecoming Weekend**, Ochre Court
- October 19 (Sunday 11am - 3pm) **Admissions Fall Open House**, Ochre Court
- October 19 (Sunday 7:15am) **Pell Bridge Run**
- October 28 (Tuesday 12 - 1pm) **Staff Lunch with the President**, McKillop Library, room 116