

MASTER'S DEGREE

Clinical Counseling



Transform Lives. Advance Your Career. Grow As A Counselor.

Salve Regina University's master's degree in clinical counseling offers a dynamic and holistic approach to professional training in mental health counseling, blending exceptional counselor education with a deep commitment to social justice, equity and inclusion. Our program aligns with CACREP standards and provides a rigorous curriculum that prepares you for licensure in clinical mental health counseling across various settings.

Our program emphasizes strong clinical and ethical skills, cutting-edge research and theory exploration, and a deep awareness of culture, identity, and power dynamics—helping you work effectively and compassionately with clients from a wide range of backgrounds and life experiences.

Customize Your Path

Our clinical counseling programs are designed with flexibility and focus, allowing you to tailor your graduate experience to meet your professional goals.

Concentrations

- Holistic Clinical Mental Health Counseling (in-person and hybrid options)
- Clinical Rehabilitation Counseling (fully online option available)

Graduate Certificates

- Clinical Mental Health: Holistic Counseling
- Clinical Mental Health: Rehabilitation Counseling

Accelerated Program

Through our popular accelerated option, qualified Salve undergraduates can begin their master's degree in clinical counseling during their senior (fourth) year.



SALVE REGINA
UNIVERSITY



DEGREE TYPES

Master's (M.S.)
Accelerated B.S./M.S.
pathway



PROGRAM FORMAT

20 courses (60 credits)



AVERAGE TIME TO COMPLETE

3 years



APPLICATION DEADLINE

Rolling admission
Fall, spring and summer
starts available

*Scan for more
information, including
course requirements
and how to apply.*



Who Should Apply?

- Individuals who value understanding their personal process, exploring various systemic impacts on clients and counselors, thinking outside of the box, and working with others.
- Early-career professionals pursuing mental health counseling as their next step.
- Those seeking a career change into the dynamic field of mental health and rehabilitation.

THE SALVE DIFFERENCE

ELEVATE YOUR CAREER

Our clinical counseling graduates are equipped with the knowledge and hands-on experience to make an immediate difference across diverse helping professions. With specializations in clinical rehabilitation counseling and holistic clinical mental health counseling, you will gain the skills needed for professional practice in a variety of settings.

PURPOSE-DRIVEN EDUCATION

Guided by the Critical Concerns of the Sisters of Mercy, our program empowers future counselors to unite compassion with critical, holistic thinking and a steadfast commitment to justice. Through community-based clinical practice and dedicated advocacy, our curriculum promotes anti-racist values and affirms the inherent worth and dignity of every person.

DEDICATED FACULTY

Our faculty are dedicated scholars and experienced counseling professionals who are committed to creating dynamic, innovative learning environments for both students and clients. With personalized mentorship, we guide you as you launch your career in mental health and rehabilitation counseling, preparing you for a field poised for continued growth in response to the world's evolving needs.



Amanda Minor

*Graduate program director,
Counselor Education and Expressive Arts*

“Salve’s clinical counseling program empowers counselors-in-training to lead with compassion and curiosity. Our program offers cutting-edge theory and practice, along with a commitment to integrating justice and self-awareness into our work. Rooted in academic and professional excellence, students learn evidence-supported research and skills from

seasoned mental health professionals who encourage them to explore themselves and their future clients as whole individuals. We invite you to join us as we strive to create a more just and harmonious world through our work as professional mental health and rehabilitation counselors.”

Teryn O'Brien '24 (M)

Mental health therapist, Compassionate Healing

“The highlight of my experience was two-fold. I really enjoyed all of the Salve professors within the counseling program, who were dedicated to their jobs and really tried to support us along the way to graduating. I also made a network of connections that I’ll cherish for years to come – not only as professionals but as friends.”



**SALVE REGINA
UNIVERSITY**

Graduate and Professional Studies

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