



# M.A. Rehabilitation Counseling



Director:  
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**Average Time to Completion:**  
2 years

**Class Format:**  
Online



## Become a Nationally Certified Rehabilitation Counselor

Salve's M.A. in Rehabilitation Counseling is a 48-credit, CACREP accredited program. It is designed to prepare professional counselors to assist people with disabilities in achieving their goals in regard to employment, independent living and participation in the community. It aligns with Salve Regina's mission and actively supports social justice, anti-racism and the value of all humans through our community-based clinical and work settings.

Rehabilitation counseling is a specialized area of counseling that works with the whole person. The program educates students in mental health counseling, co-occurring chronic illnesses and disabilities, and the importance of employment/careers as a means for people with disabilities to achieve financial independence. It is a holistic approach to working with people with a variety of disabilities who represent diverse cultural, ethnic and linguistic backgrounds.

Our faculty and instructors are comprised of full-time faculty and working rehabilitation counselors, licensed marriage and family therapists, clinical mental counselors and neuropsychologists. This program was nationally accredited by CORE in 2004 and CACREP in 2017. The program leads to national certification as a rehabilitation counselor. With an additional 12 credits, students completing this program are eligible to sit for the licensing exam to become a mental health counselor.



# M.A. Rehabilitation Counseling

## Admission Requirements

Individuals with a bachelor's degree in any undergraduate major from a regionally accredited college or university (or an equivalent degree from an accredited institution outside of the United States) may apply to this program. Salve Regina University evaluates the total application package.

Application materials are submitted online at [salve.edu/grad](http://salve.edu/grad). There is no fee to apply. Salve Regina University evaluates the total application package; you must submit the following to be considered:

- Completed graduate application
- Official transcripts from each college/university attended
- Personal statement
- Two professional letters of recommendation
- Resume

## About Salve Regina University

Salve Regina is an independent coeducational institution. Since our founding by the Sisters of Mercy in 1947, we have grown to a community of more than 2,700 undergraduate and graduate students who proudly carry forward our mission of responsible citizenship and public service in their personal and professional lives. Salve Regina is fully accredited by the New England Commission of Higher Education (NECHE).

## Program Objectives

- To develop professional counselors committed to lifelong learning.
- To promote a thorough understanding of the ethics and standards of practice for rehabilitation counseling.
- To develop the student's understanding of the history and philosophy of rehabilitation counseling, including an understanding of the laws and policies related to disability issues.
- To develop the student's working knowledge of a full range of disabilities and their implications for living and working.
- To challenge students to examine counseling theories and practice, disability case management, and assessment from a multicultural perspective in individual, group, family and mental health counseling.
- To develop a student's values so they are consistent with practices that respect human dignity, support informed choice, and promote independent living.
- To learn theories of human development and growth in all areas including human growth across the life span, individual and family response to disability, and learning styles and strategies.
- To provide practical skills in job and transferable skills analysis, job development and placement, work site modifications, career counseling and development, and supported employment options.
- To expand the counseling and consultation skills of students to include working with families, groups, schools and employers for effective systems change.
- To acquaint students with research methodology to become intelligent consumers and creators of research.
- To enable students to develop collaborative relationships with individuals with disabilities for effective disability case management.

## Required Courses (13 courses, 39 credits)

RHB500: Research Methods .....	3 credits
RHB506: Professional Orientation and Ethics .....	3 credits
RHB508: Human Growth and Development .....	3 credits
RHB509: Counseling and Personality Theory .....	3 credits
RHB510: Cross-Cultural Issues in Counseling.....	3 credits
RHB513: Couples and Family Counseling.....	3 credits
RHB516: Group Counseling and Group Work.....	3 credits
RHB517: Career Counseling.....	3 credits
RHB518: Appraisal.....	3 credits
RHB520: Practicum and Seminar I: Motivational Interviewing.....	3 credits
RHB527: Substance Abuse Counseling and Treatment.....	3 credits
RHB540: Medical and Psychological Aspects of Disability.....	3 credits
RHB550: Vocational Rehabilitation, Case Management and Employment.....	3 credits

## Clinical Requirements (2 courses/9 credits)

The clinical component of the rehabilitation counseling program includes two clinical experiences that emphasize acquiring and developing clinical counseling skills.

RHB521: Practicum and Seminar II .....	3 credits
RHB570: Rehabilitation Counseling Internship and Seminar .....	6 credits



## Salve Regina University

### Graduate and Professional Studies

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