



M.A. in Holistic Clinical Mental Health Counseling



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Average Time to Completion
3 years

Format
In person, evening courses

Application Deadlines
March 1
July 1
November 1

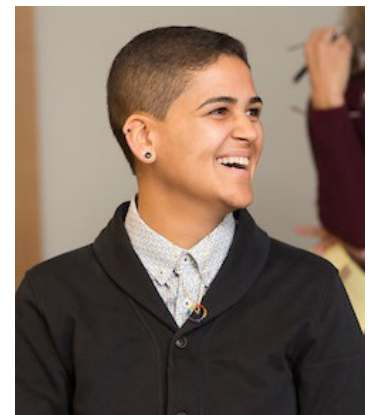


Become a Professional Counselor and Help Others Grow

Through a holistic, social justice, and developmental perspective, this 60-credit Master of Arts program prepares students to sit for the licensing exam for Licensed Mental Health Counselors. The program trains students to work in various settings utilizing traditional counseling techniques and systems thinking with awareness of neuroscience and evidence-supported integrative practices.

The program seeks to help students learn and understand how to observe, assess, and incorporate the integration of body, mind, and spirit into their professional and personal lives. We integrate awareness of the Five Critical Concerns for Mercy into our training, including racism, issues impacting women, immigration, the earth, and violence. Students learn to see clients in a multifaceted, holistic way through understanding various systemic and cultural experiences.

To earn this degree, students complete courses in counselor education and holistic studies along with 700 supervised clinical training hours in the field. The clinical training consists of a practicum seminar that includes 100-clinical hours of clinical fieldwork and two semesters of 300 clinical hours of internships.



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Admissions Requirements

Individuals with a bachelor's degree in any undergraduate major from a regionally accredited college or university (or an equivalent degree from an accredited institution outside of the United States) may apply to this program.

Application materials are submitted online at salve.edu/graduate-admissions. There is no fee to apply. Salve Regina University evaluates the total application package; you must submit the following to be considered:

- Completed graduate application
- Official transcripts from each college/university attended
- Personal statement
- Two professional letters of recommendation
- Resume

About Salve Regina University

Salve Regina is an independent coeducational institution. Since our founding by the Sisters of Mercy in 1947, we have grown to a community of more than 2,700 undergraduate and graduate students who proudly carry forward our mission of responsible citizenship and public service in their personal and professional lives. Salve Regina is fully accredited by the New England Commission of Higher Education (NECHE).

Curriculum

Students must successfully complete 60 credits to qualify for the M.A. in Holistic Clinical Mental Health Counseling, which includes 55 credits of core courses and an additional five elective credit options.

Core Courses: 55-credits total

HLC 500 Research Methods or HLC512 Evaluation Research
HLC504 Holistic Foundations
HLC505 Interpersonal Helping Skills
HLC506 Professional Orientation and Ethics
HLC507 The Body/Mind Connection
HLC508 Human Growth and Development
HLC509 Theories of Counseling
HLC510 Cultural Awareness in Counseling
HLC513 Couple and Family Counseling
HLC515 Assessment and Treatment Planning
HLC516 Group Counseling and Group Work
HLC517 Career Counseling
HLC518 Appraisal
HLC528 Understanding Trauma in Counseling
HLC540 Integrating Meaning
HLC550 Advanced Helping Skills
HLC551 Practicum and Seminar
HLC590 Internship and Seminar I
HLC591 Internship and Seminar II

Elective Options: 5-credits total*

HLC 523: Understanding Substance Use Disorder
HLC 524: Identification of Special Populations
HLC 575: Healing & Transformation
HLC 578: Body and Personal Myth: A Jungian Perspective
HLC 579: Grief Counseling
HLC 587: Gender and Human Sexuality
HLC 588: Working with Young People

*Elective courses may be substituted with appropriate courses from other graduate programs (i.e. rehabilitation counseling, applied behavioral analysis, etc.) as applicable to a student's learning goals and with approval from program director.



Salve Regina University

Graduate and Professional Studies

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Email: graduate_studies@salve.edu

Online: salve.edu/graduate-admissions