



M.A. in Holistic Clinical Mental Health Counseling



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Average Time to Completion:
3 years

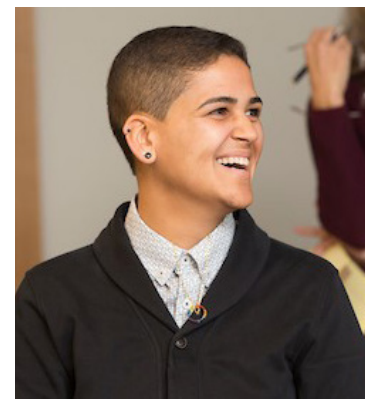


Become a Professional Counselor and Help Others Grow

Through a holistic, social justice, and developmental perspective, this 60-credit Master of Arts program prepares students to sit for the licensing exam for Licensed Mental Health Counselors. The program trains students to work in various settings utilizing traditional counseling techniques and systems thinking with awareness of neuroscience and evidence-supported integrative practices.

Students in the Holistic Clinical Mental Health Counseling Program are presented with the idea that personal and system wholeness depends upon connectedness with the human community and with the natural world that supports it. The program seeks to help students learn and understand how to observe, evaluate, and incorporate the integration of body, mind, and spirit into their professional lives.

To earn this degree, students complete courses in counselor education and holistic studies along with 750 supervised clinical training hours in the field. This includes a one-semester 150-hour practicum and two semesters of 300-hour internships.



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Admissions Requirements

Individuals with a bachelor's degree in any undergraduate major from a regionally accredited college or university (or an equivalent degree from an accredited institution outside of the United States) may apply to this program.

Application materials are submitted online at salve.edu/grad. There is no fee to apply. Salve Regina University evaluates the total application package; you must submit the following to be considered:

- Completed graduate application
- Official transcripts from each college/university attended
- Personal statement
- Two professional letters of recommendation
- Resume

About Salve Regina University

Salve Regina is an independent coeducational institution. Since our founding by the Sisters of Mercy in 1947, we have grown to a community of more than 2,700 undergraduate and graduate students who proudly carry forward our mission of responsible citizenship and public service in their personal and professional lives. Salve Regina is fully accredited by the New England Commission of Higher Education (NECHE).

Curriculum

Students must successfully complete 60 credits to qualify for the M.A. in Holistic Clinical Mental Health Counseling, which includes 55 credits of core courses and an additional five elective credit options.

Core Courses: 55-credits total

HLC500 Research Methods or HLC512 Evaluation Research
HLC504 Holistic Foundations
HLC505 Interpersonal Helping Skills
HLC506 Professional Orientation and Ethics
HLC507 The Body Mind Connection
HLC508 Human Growth and Development
HLC509 Theories of Counseling
HLC510 Cultural Awareness in Counseling
HLC513 Couple and Family Counseling
HLC515 Assessment and Treatment Planning
HLC516 Group Counseling and Group Work
HLC517 Career Counseling
HLC518 Appraisal
HLC528 Understanding Trauma in Counseling
HLC540 Integrating Meaning
HLC550 Advanced Helping Skills
HLC551 Practicum and Seminar
HLC590 Internship and Seminar I
HLC591 Internship and Seminar II

Elective Options: 5-credits total*

HLL519 Introducing Dynamic Leadership Perspectives
HLL520 Leading Holistically: Cross Cultural Awareness
HLL522 Creative Leadership Intervention Skills I
HLL523 Creative Leadership Intervention Skills II
HLC523 Understanding Substance Use Disorder: the Science and Application
HLC524 Identification of Special Population Needs within the Context of Substance Use Disorder
HLC535 Introduction to Expressive Sound
HLC575 Healing and Transformation
HLC578 Body and Personal Myth: A Jungian Perspective
HLC579 Grief Counseling
HLC582 Introduction to the Expressive & Creative Arts as Transformation
HLC584 Movement, Creativity & Consciousness: an Introduction
HLC587 Gender and Human Sexuality in Counseling
HLC588 Working with Young People
HLC592 Arts, Nature and Eco-Consciousness


*Elective courses may be substituted with appropriate courses from other graduate programs (i.e. rehabilitation counseling, applied behavioral analysis, etc.) as applicable to a student's learning goals and with approval from program director.



Salve Regina University

Graduate and Professional Studies

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