



Expressive and Creative Arts



Program Coordinator:
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Class Format:

Hybrid

Application Deadline:

Rolling



Changing the world, one person at a time, through the arts.

The expressive and creative arts training program seeks to empower individuals and groups towards positive transformation, through the arts and creative expression. The program utilizes a multi-modal approach to integrate the visual arts with movement, sound, expressive theater arts and expressive writing. These courses blend hands-on experiential work with the theories, research and applications of the expressive and creative arts to the fields of counseling, therapy, education, healthcare, community organizing, or any profession in which personal expression and creative development are essential. Courses are offered in a highly effective hybrid format, where students come together for intensive experiential weekends, then continue with guided independent study and practice time.

A 15-credit Certificate of Advanced Graduate Study (CAGS) in the Expressive and Creative Arts is available for students with a Master's Degree from another institution. Current students enrolled in Salve's master's programs in holistic counseling, rehabilitation counseling, holistic leadership or related fields are welcome to co-enroll in the CAGS with their master's degree studies. Students with a bachelor's degree who wish to learn how to apply the expressive and creative arts to their chosen field may complete the 15-credit certificate program in the expressive arts as a Certificate of Graduate Studies.

Salve Regina University is an independent coeducational institution. Since our founding by the Sisters of Mercy in 1947, we have grown to a community of more than 2,700 undergraduate and graduate students who proudly carry forward our mission of responsible citizenship and public service in their personal and professional lives. Salve Regina is fully accredited by the New England Commission of Higher Education (NECHE).

Expressive and Creative Arts

The Certificate of Graduate Studies (CGS) may be earned by students with a baccalaureate or master's degree from an accredited institution. Students are required to successfully complete all courses with a cumulative GPA of 3.0 or higher to earn the certificate. Should a student desire enter the master's program, the courses completed may be applied to the master's degree consistent with University policy. Contact the Graduate Admissions Office for details.

Students apply using a streamlined certificate program application. There is no fee to apply. You must submit the following to be considered:

- Completed certificate program application
- Official transcripts from each previous college/university attended
- Resume

The Certificate of Advanced Graduate Studies (CAGS) is designed for students who hold a master's degree from an accredited institution. An interview with the graduate program director is required prior to acceptance.

You must submit the following to be considered:

- Completed application
- Official transcripts from each college or university attended
- Two professional letters of recommendation
- Personal statement
- Resume

The application is accessed online at admissions.salve.edu/apply.

The program curriculum provides a multi-modal approach to studying and practicing the expressive and creative arts as a vehicle for growth and transformation.

Students who wish to enter the program will complete one of two prerequisite options, outlined below.

Prerequisite Option 1: Introductory / Foundation Courses

Students complete three prerequisite courses (6 credits).

HLC535: Introduction to Expressive Sound and Music	1 credit
HLC582: Introduction to Expressive and Creative Arts as Transformation	3 credits
HLC584: Movement, Creativity and Consciousness: An Introduction	2 credits

Prerequisite Option 2: Expressive Arts Institute's Foundation Training

Students may attend the Expressive Arts Institute foundation courses when offered. Generally held in the summer, this is an educational foundation training in the Professional Applications of the Expressive and Creative Arts. Contact the program coordinator for dates (see contact info on page 1).

After successfully completing their prerequisite option, the student may enroll in the Certificate-level required courses.

Required Courses

All students must successfully complete five required courses (15 credits).

HLC604: Self Discovery through the Expressive and Creative Arts	3 credits
HLC610: Expressive Theater Arts and Movement: A Multi-Modal Approach to Creativity and Transformation	3 credits
HLC611: Group Applications of the Expressive and Creative Arts	3 credits
HLC613: Expressive Writing for Personal Growth and Transformation	3 credits
HLC615: Utilizing Expressive Sound/Music and Theater Arts for Creativity and Healing	3 credits

Certificate of Advanced Graduate Studies (CAGS)

Students may co-enroll in Salve Regina's holistic counseling, holistic leadership, or other master's level program to create a combined training path, integrating the expressive arts with their work in counseling or other field of study. The credits earned for prerequisite courses may be counted as electives consistent with their program's guidelines. Upon successful completion, Salve Regina students graduate with both the master's and the CAGS. Students with a master's degree in a related field from another institution are also welcome to apply for the CAGS.

Graduate Certificate (CGS)

Students with a bachelor's degree who wish to learn to apply the expressive and creative arts in their chosen fields may also enroll. Students will fulfill the prerequisites and the 15-Credits of Certificate level courses. Upon successful completion, students are awarded a Graduate Certificate.



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Graduate and Professional Studies
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