



M.A. in Clinical Rehabilitation and Mental Health Counseling



Director:

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Average Time to Completion:

2.5 years

Class Format:

Online (synchronous)



Become a Certified Rehabilitation Counselor and Licensed Mental Health Counselor

This program is for students interested in pursuing a 60-credit master's degree that leads to a degree in clinical rehabilitation counseling and, upon completion of all academic and state licensure requirements, licensing as a mental health counselor. The program aligns with Salve Regina's mission and actively supports social justice, anti-racism and the value of all humans through our community-based clinical and work settings. Rehabilitation counseling is a specialized area of counseling that works with the whole person to help achieve greater wellness and quality of life. We prepare our students to become certified rehabilitation counselors (CRC) and licensed mental health counselors (LMHC) who are trained to assist a diverse group of individuals who experience mental illness, substance use disorders, and other disabilities or chronic illness across the lifespan.

Options for employment cover a wide spectrum of work. Graduates are dually qualified to work in mental health facilities, in-patient/outpatient hospital programs, prisons, court diversion programs, parole programs, addiction programs, high schools and alternative learning programs, college and university counseling centers, disability services offices and non-profits that serve people with developmental disabilities or private practice, as examples.

The program builds upon our 48-credit CACREP accredited M.A. in Rehabilitation Counseling and meets CACREP standards, as well as requirements for licensure in most states. Our instructors include full-time faculty along with community-based professionals including rehabilitation and licensed mental health counselors, licensed marriage and family therapists and a neuropsychologist.

Graduates of the program are eligible to sit for two national exams: the national Certified Rehabilitation Counselor examination through the CRCC, which establishes their professional expertise in rehabilitation counseling, and the National Certified Counselor exam through the NBCC to become licensed as a mental health counselor. Students take the CRC exam after graduation or during their final year in the program. Students take the NBCC qualifying exam as soon as they are eligible to apply upon completion of the M.A. degree.

M.A. Clinical Rehabilitation and Mental Health Counseling

Admission Requirements

Individuals with a bachelor's degree in any undergraduate major from a regionally accredited college or university (or an equivalent degree from an accredited institution outside of the United States) may apply to this program. Salve Regina University evaluates the total application package.

Application materials are submitted online at salve.edu/grad. There is no fee to apply. Salve Regina University evaluates the total application package; you must submit the following to be considered:

- Completed graduate application
- Official transcripts from each college/university attended
- Personal statement
- Two professional letters of recommendation
- Resume

About Salve Regina University

Salve Regina is an independent coeducational institution. Since our founding by the Sisters of Mercy in 1947, we have grown to a community of more than 2,700 undergraduate and graduate students who proudly carry forward our mission of responsible citizenship and public service in their personal and professional lives. Salve Regina is fully accredited by the New England Commission of Higher Education (NECHE).

Program Objectives

Students graduate with a total of 1,300 clinical hours of supervised training in rehabilitation and mental health counseling. Over 95% of graduates are employed full-time in the field prior to graduation due to their high level of preparedness.

Graduates of this program are qualified to provide mental health services in federal programs serving veterans and have portability to mental health professional licensure in other states including Rhode Island, Massachusetts, Connecticut.

Required Courses

RHB500: Research Methods	3 credits
RHB506: Professional Orientation and Ethics	3 credits
RHB508: Human Growth and Development	3 credits
RHB509: Counseling and Personality Theory	3 credits
RHB510: Cross-Cultural Issues in Counseling.....	3 credits
RHB513: Couples and Family Counseling.....	3 credits
RHB515: Assessment and Treatment Planning.....	3 credits
RHB516: Group Counseling and Group Work.....	3 credits
RHB517: Career Counseling.....	3 credits
RHB518: Appraisal.....	3 credits
RHB520: Practicum and Seminar I: Motivational Interviewing.....	3 credits
RHB527: Substance Abuse Counseling and Treatment.....	3 credits
RHB540: Medical and Psychological Aspects of Disability.....	3 credits
RHB550: Vocational Rehabilitation, Case Management and Employment.....	3 credits
RHB603: Psychopharmacology for Mental Health Professionals	3 credits

Clinical Requirements

(Four courses/15 credits)

The clinical component includes four clinical experiences that emphasize acquiring and developing clinical counseling skills while meeting state licensure requirements. Upon completion of the four clinical courses, students will have received a total of 1,300 hours of clinical experience in rehabilitation and mental health settings. In addition, they will have received 60 hours of clinical supervision at the sites and 120 hours in the classroom.

RHB521: Practicum and Seminar II	3 credits
RHB570: Rehabilitation Counseling Internship and Seminar	6 credits
RHB608: Advanced Internship II and Seminar in Mental Health: CBT	3 credits
RHB609: Advanced Internship II and Seminar in Mental Health: Trauma-Informed Care.....	3 credits



Salve Regina University

Graduate and Professional Studies

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