

Goals of the camp



Our dedicated staff members teach the fundamentals of each position with a heavy emphasis on technique.

The individual teaching drills are reinforced with competition to give a realistic feel for the players.

Positions

Quarterbacks, Wide Receivers, Running Backs, Tight Ends, Offensive Line, Defensive Backs, Linebackers, and Defensive Line

Director

Chris Robertson is the head football coach and defensive coordinator at Salve Regina University. Chris has coached the on the defensive side of the ball at the college level for over a decade. Prior to Salve Regina, Robertson was the defensive coordinator at Worcester Polytechnic Institute for seven years. He started his coaching career at Siena College in 1996 as the linebacker coach and special teams coordinator. As a player, Chris graduated from the University at Albany in 1996. He was a captain of the 1995 squad and a two-time Academic All-American.

Camp Staff

Our camp is staffed by college coaches with a great deal of experience in coaching offensive/defensive skills and fundamentals.

Sample Itinerary

(Times and Drills are subject to change)
Registration on Saturday starts at **8:30 a.m.**

- 9:00 a.m. Form Run and Flexibility
- 9:15 Offensive Demonstration
- 9:30 Position Specific Offensive Individual Instruction
- 10:30 Route Introduction
- 11:00 Offensive Group Work
- 11:30 Lunch (provided)
- 12:45 p.m. Speed Development
- 1:15 Defensive Demonstration
- 1:30 Position Specific Defensive Individual Instruction
- 2:30 Defensive Group Work
- 3:00 1 on 1 Pass Routes vs. DBs / LBs
- 3:30 7 on 7 Competition / Pass Rush

We will have a certified athletic trainer at all practice sessions. Water will be provided but **please bring a water bottle.**

Equipment to bring

Helmet and football, and water bottle.

Fee

- \$80.00 per camper for single day, choose Sat. or Sun.
- \$150.00 per camper for both days, includes lunch.
(Team discount: \$125. each for 5 or more from the same team)
- \$225.00 per camper for an overnight, includes meals and housing.
- (\$50 non-refundable deposit due with registration form by May 29, remainder due June 12)

Registration

Please complete form below, detach and mail with non-refundable \$50 deposit to:

Seahawk Football Camp
Salve Regina University
100 Ochre Point Ave.
Newport, RI 02840

(Make checks payable to Salve Regina University)

Name _____ Age _____

Address _____

City _____ State _____ Zip _____

E-mail Address _____

School Attending _____

Grade Entering in Sept. 09 _____ Coach's Name _____

Choose which days of Seahawk Camp you will attend:
 Sat. only Sun. only Sat. & Sun. Overnight

Parent or Guardian Name _____

Home Phone _____ Business/Cell Phone _____

PLEASE CIRCLE T-SHIRT SIZE: **(XXL, XL, L)**

PARENT/GUARDIAN STATEMENT:
I hereby give my above mentioned child permission to attend the Seahawk Football Camp. I verify, to the best of my knowledge, that my child is physically able to participate in the activities of the camp. I agree to allow my child to be treated, if necessary, by a physician and/or trainer while attending.

Signature of Parent/Guardian _____

Contact us

Chris Robertson

Phone: 401-341-3264

Fax: 401-341-2960

E-mail address

chris.robertson@salve.edu

Seahawk Football Camp

Salve Regina University

100 Ochre Point Ave

Newport, RI 02840



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Newport, Rhode Island 02840



Seahawk Football Camp



Football FUNDAMENTALS & TECHNIQUE

8:30 a.m. - 4:30 p.m. Saturday

9:00 a.m. - 4:30 p.m. Sunday

June 13 & 14, 2009

Salve Regina University
Athletic Fields

For students in 8th grade and up.

Quarterbacks, Wide Receivers,
Running Backs, Tight Ends, Offensive Line,
Defensive Line, Linebackers,
Defensive Backs